

# Lech-Lecha

"Go or leave"

Genesis 12:1 - 17:27  
Katan Aleph



In This Edition:  
3.2 - Continual Covenants  
**Genesis 15; 17:1-21**



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Parsha Pearls is a comprehensive resource that allows for complete customization by the parent. We understand that if you were to strive to accomplish all aspects of each lesson in one day it would be unrealistic and also overload for the child. It is our intention that this be used 'a la carte' so that it suits your specific needs. Our site caters to printing only the pieces you choose.

This page will provide quick links to get to the portion of the document for which you are looking. When you hover over the title a finger will appear. Click on it and you will be taken directly to that page.

If you are new to Parsha Pearls, we have created an [Introduction](#) document outlining how to use our lessons, as well as a [Scriptural Inspiration](#) document, which explains our titles and the Scriptural inspiration for them. We pray that Parsha Pearls blesses your home and that your children will grow to love the Word and to never depart from keeping Torah. As always, feel free to email us at [parshapearls@mtoi.org](mailto:parshapearls@mtoi.org) if you have any questions.

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# Gem Seeking

## LITTLE GEMS STORY

### Parent/Teacher Preparation:

Please see the [Instructions for the Little Gems Story](#) on the YMTOI website. This will help you to understand how to prepare for the story.

### Continual Covenants

Shalom children! Shortly after Abram rescued his nephew Lot from the 4 kings who had captured him and his family, Yahweh spoke to Abram in a vision. **(Place younger Abram on board.)** He told Abram that He would be his shield **(place shield on board)**, and also that his descendants would be as many as the stars up in the sky! **(Place stars on board.)** Abram trusted and believed Yahweh's promises, and Yahweh saw this as righteousness. **(Remove shield and stars from board and place Abram's blessing scene on board.)**

Yahweh told Abram that He was making a covenant with him and his descendants. Do you know what a covenant is? It's a contract between 2 or more parties. With Yahweh, it is an agreement in which Yahweh makes promises to His people and requires certain conduct from them. Do you remember another covenant that Yahweh made in an earlier parsha? Do you remember the covenant of the rainbow? **(Place rainbow on board.)**

To make an official covenant with Abram, Yahweh asked him to bring certain offerings. Let's take a look at what they were. Abram brought a 3-year-old heifer, a 3-year-old female goat, a 3-year-old ram, and 2 different birds: a turtledove and a young pigeon. **(Place all animals on board.)** In future parshas we will learn more about offerings, but for now we can see that Yahweh required Abram to bring these sacrifices in order to receive the promises. It seems that Yahweh is always testing us and proving us, so that He knows whether it is in our hearts to obey Him.

After Abram gathered these animals, he fell asleep and had a dream. In his dream he felt a scary darkness. Have you ever had a dream that made you afraid? In his dream, Yahweh let him know that his future descendants were going to be slaves to someone for 400 years. **(Place slave scene on board.)** However, they were also going to be delivered after this, and go out with lots of things to help them get a new start. **(Place bounty scene on board.)** He also told Abram that he was going to live to a good old age and explained where his descendants were going to live.

**(Remove all characters from board.)**

When Abram was 99 years old **(place older Abram on board)**, Yahweh appeared to him again and spoke to him. He reminded Abram to walk before Yahweh and to be perfect in his walk. Being perfect doesn't mean you will never make mistakes. It means that you always try your best to please Yahweh, because you love Him. Abram was really good at doing that, and He is a good example for us.



Yahweh reminded Abram that he was going to have lots of descendants, but this time He gave him some new information. He told him that he would be a father of many different nations. **(Place nations on board.)** That includes you and me. Boy, is that ever cool!

Then Yahweh told Abram that his name was going to be changed to Abraham because he was going to be a father of many nations. **(Place Abraham name change scene on board.)** Also, many kings were going to be in his line. **(Place king on board.)** Can you think of any kings in the Scriptures that would have been descendants of Abraham? **(Allow children to answer.)**

He also told Abraham that the land that his descendants would possess is called Kena'an. **(Place Kena'an scene on board.)** Even though there were other people living there **(place other nations on board)**, Yahweh wanted his children, Yisra'el, to inherit this land so that they could all be together to worship Him.

The next thing that Yahweh wanted was for all men to be circumcised as a sign of obedience to the covenant between Him and Abraham's descendants. **(Place circumcision scene on board.)** He told them to do this to a baby boy at 8 days old.

**(Remove all characters from board.)**

Yahweh also changed Sarai's name. **(Place Sarah name change scene on board.)** From now on, she would be called Sarah, because at last she was going to have a son, and many nationalities and kings would also come from her. **(Place Abraham and Sarah with nations around them scene on board.)** He told Abraham that Sarah would give birth to their son Yitshaq **(place Abraham and Sarah with baby Yitshaq scene on board)**, and that with this son, Yahweh would continue the covenant.

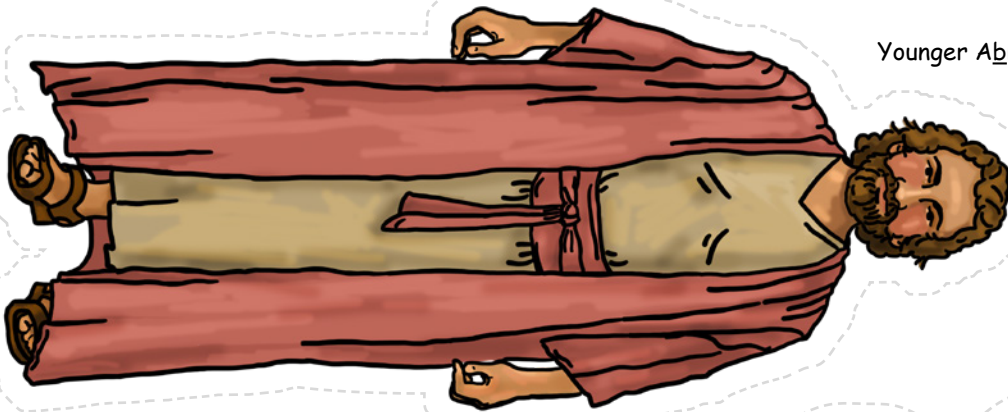
Because Yahweh cares about everyone, He reassured Abraham that his son Yishma'el would also be blessed, and would have 12 princes as his descendants. **(Place Yishma'el and 12 princes scene on board.)**

Abraham, Yishma'el, and all the men of his household who were either born to him or bought with silver were circumcised that day to show Yahweh their obedience to the covenant. **(Remove all characters from board and place silver scene on board.)** Abraham was 99 years old when he was circumcised, and Yishma'el was 13 years old. **(Place older Abraham and Yishma'el on board.)**

In this parsha, we have learned a lot about the covenants that Yahweh made with His people. Isn't it wonderful that Yahweh wants to have a relationship with us and that we can be called His children? I know this makes Him very happy. **(Place happy emoji on board.)**

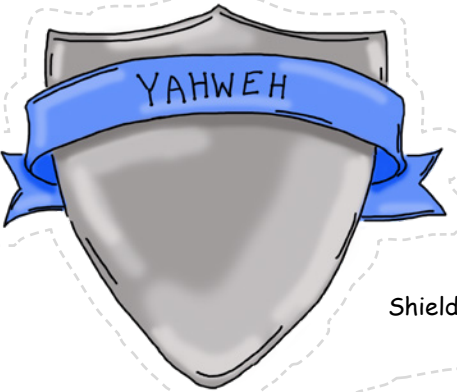
Well children, we have come to the end of our story for today. We will see you next week for another exciting Little Gems story!



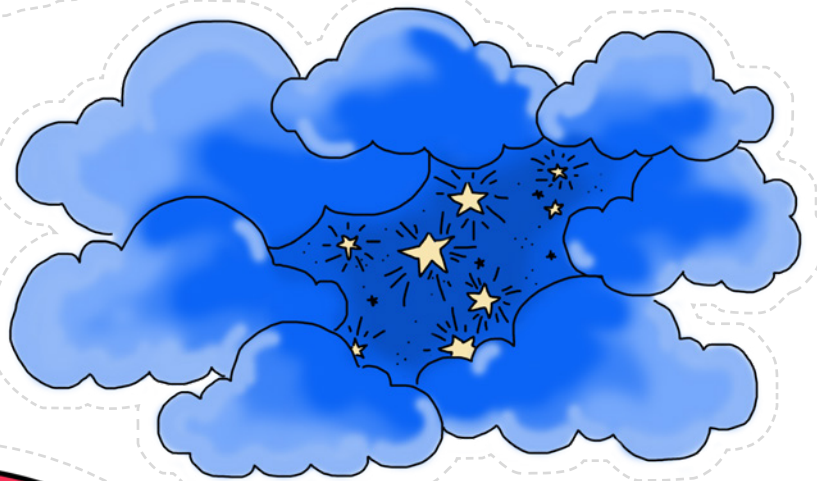


Younger Abram

Happy emoji



Shield

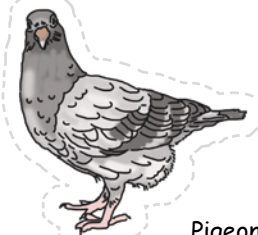
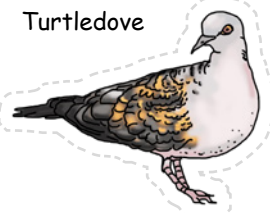


Stars

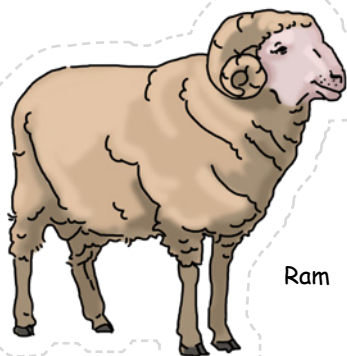


Rainbow

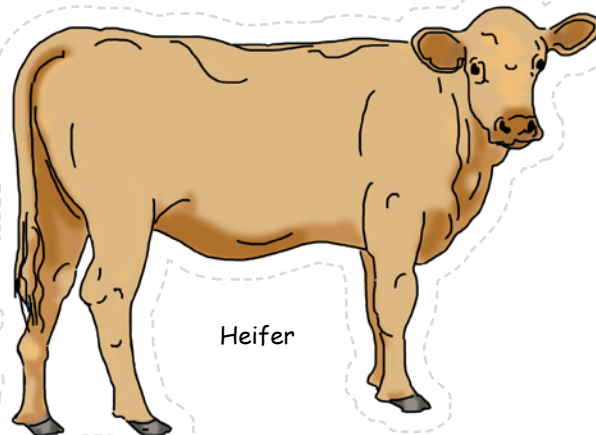
Turtledove



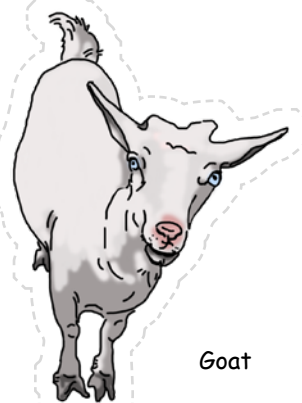
Pigeon



Ram



Heifer



Goat



Slave scene



Abraham and Sarah with baby Yitshaq scene

Older Abram



Abram

Sarai

**Abraham**

Abraham name change scene

**Sarah**

Sarah name change scene



Abraham and Sarah with nations



King



Bounty scene



Yishma'el and 12 princes scene



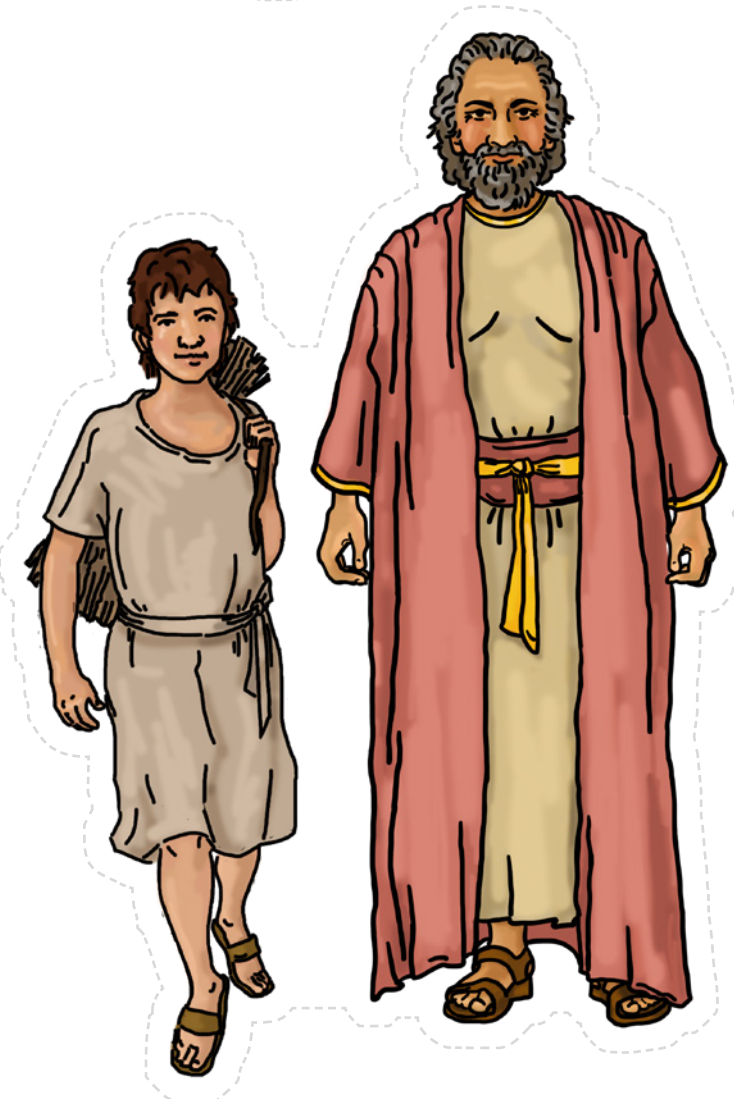
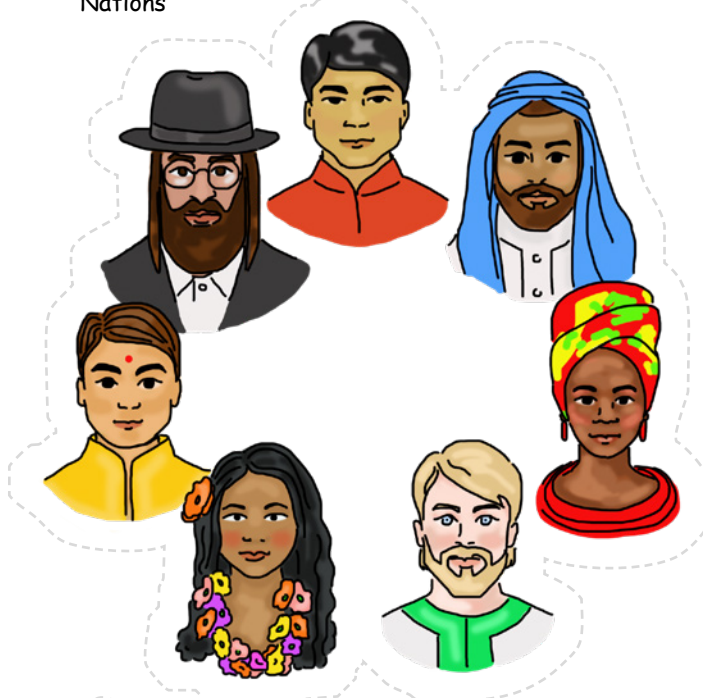
Circumcision scene



Other nations



Nations

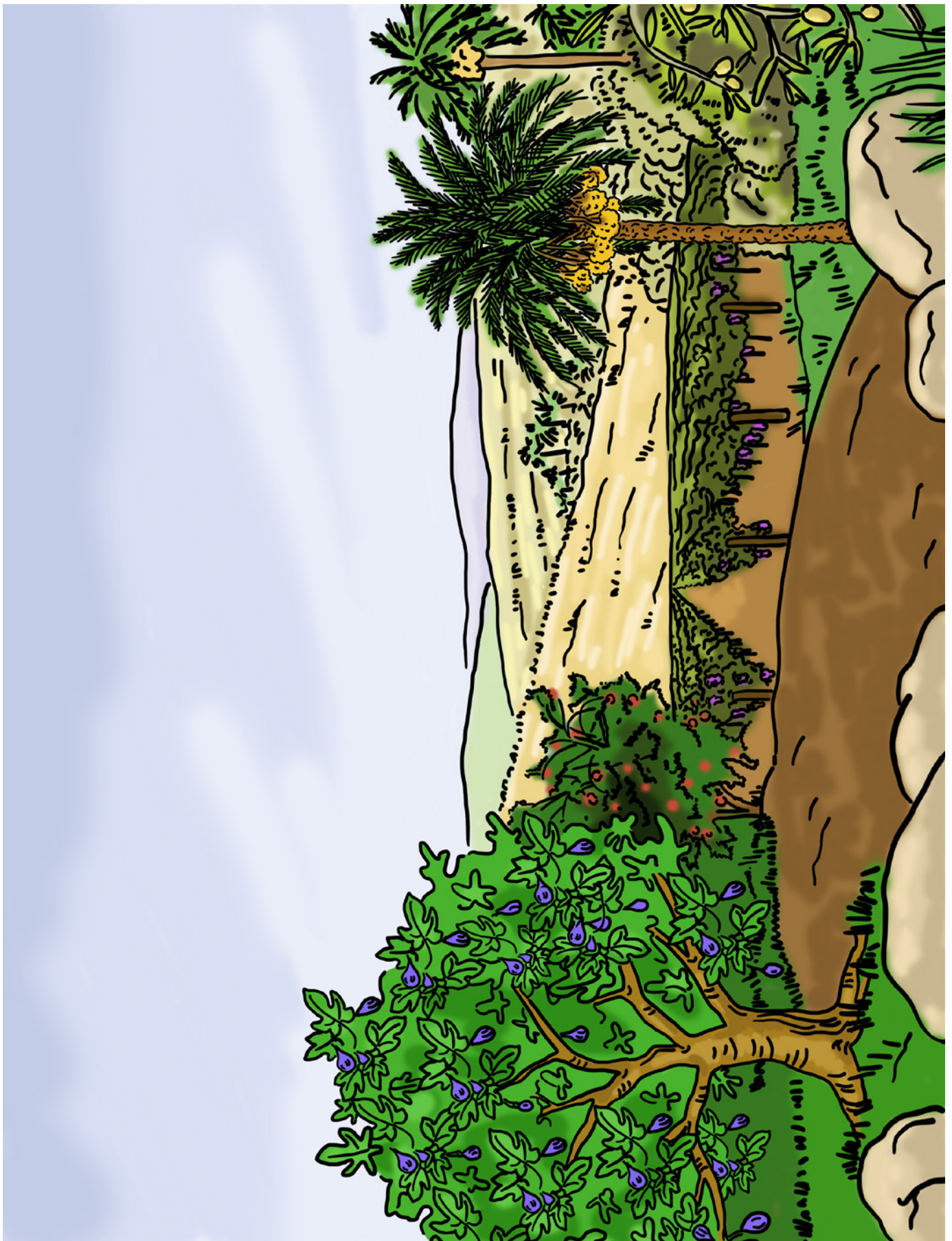


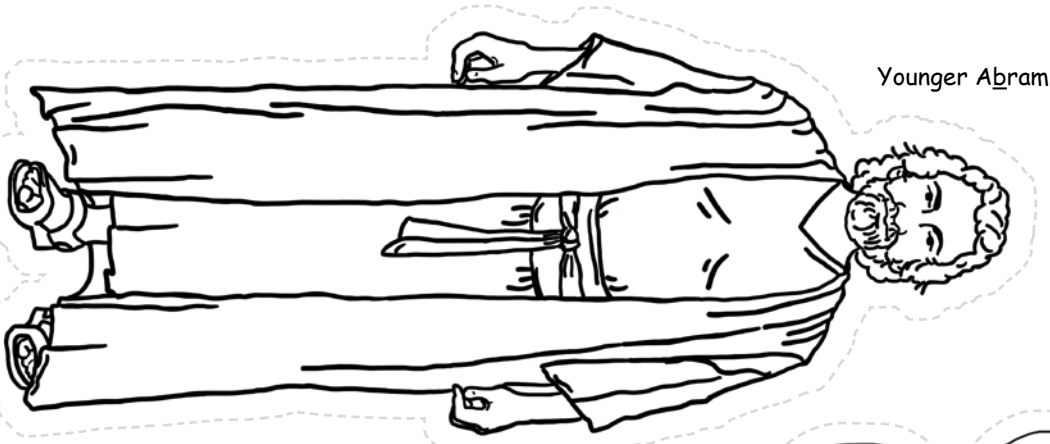
Older Abraham and Yishmael

Silver scene



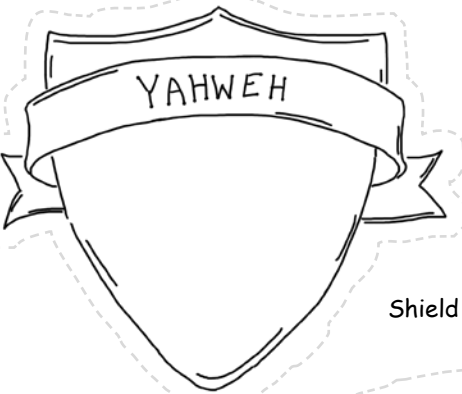




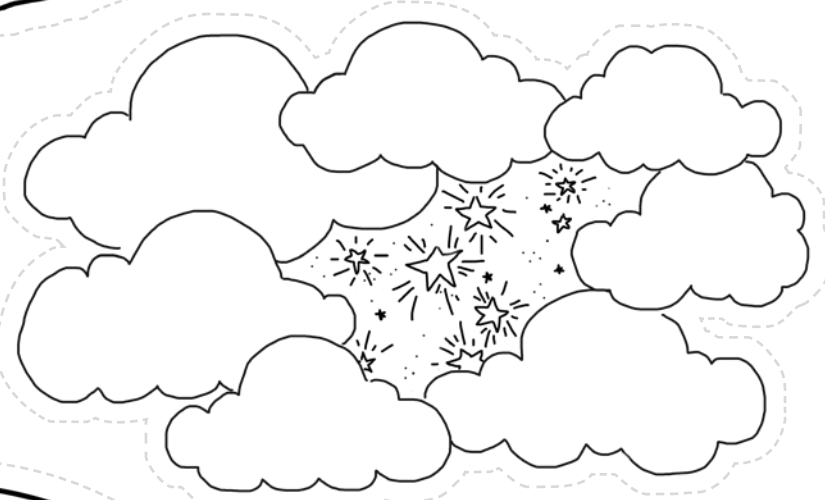


Younger Abram

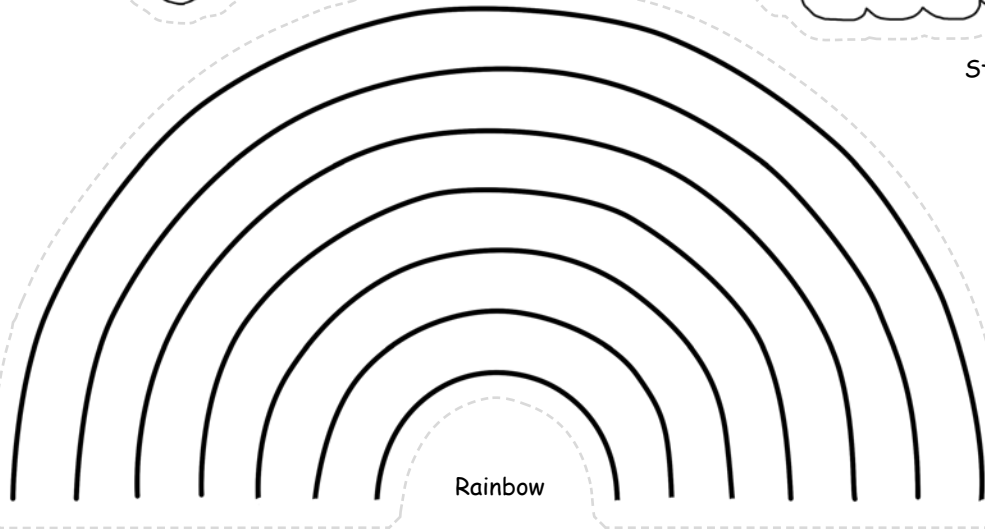
Happy emoji



Shield

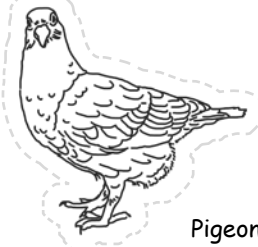
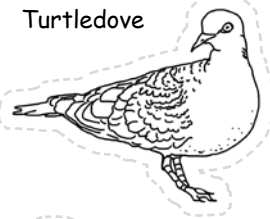


Stars

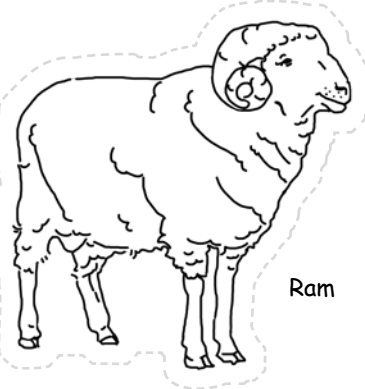


Rainbow

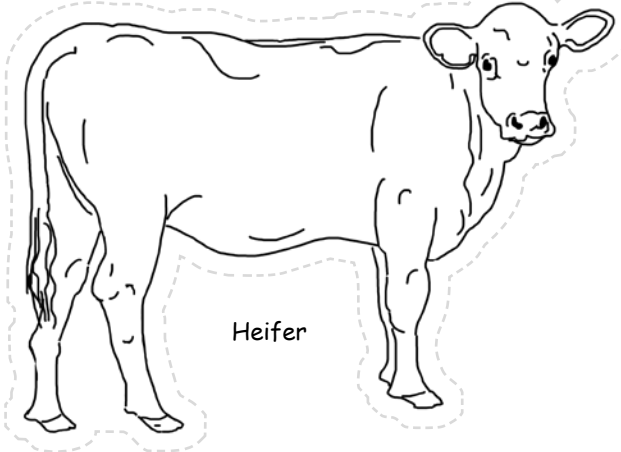
Turtledove



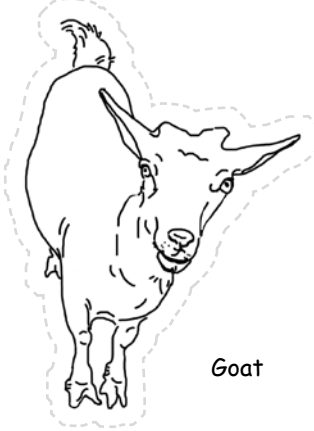
Pigeon



Ram



Heifer



Goat

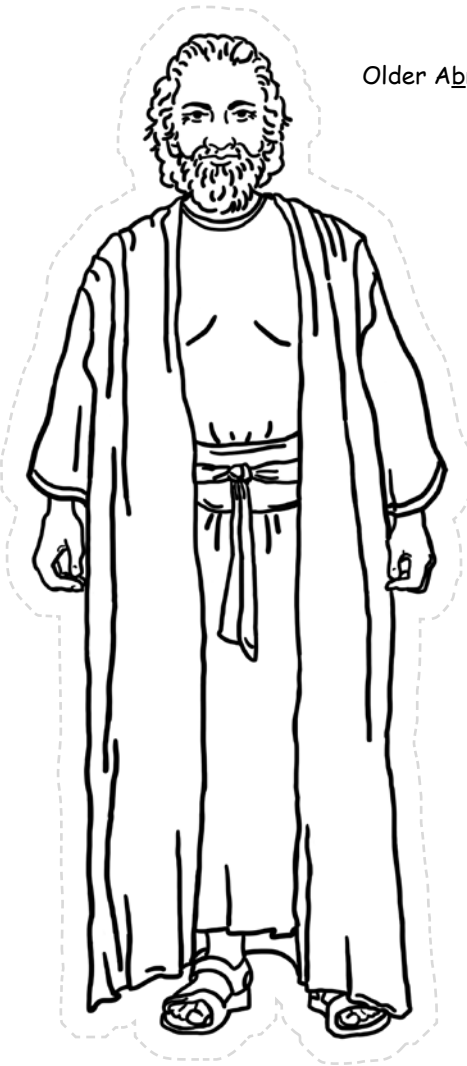


Slave scene



Abraham and Sarah with baby Yitshaq scene

Older Abram



Abram

Sarai

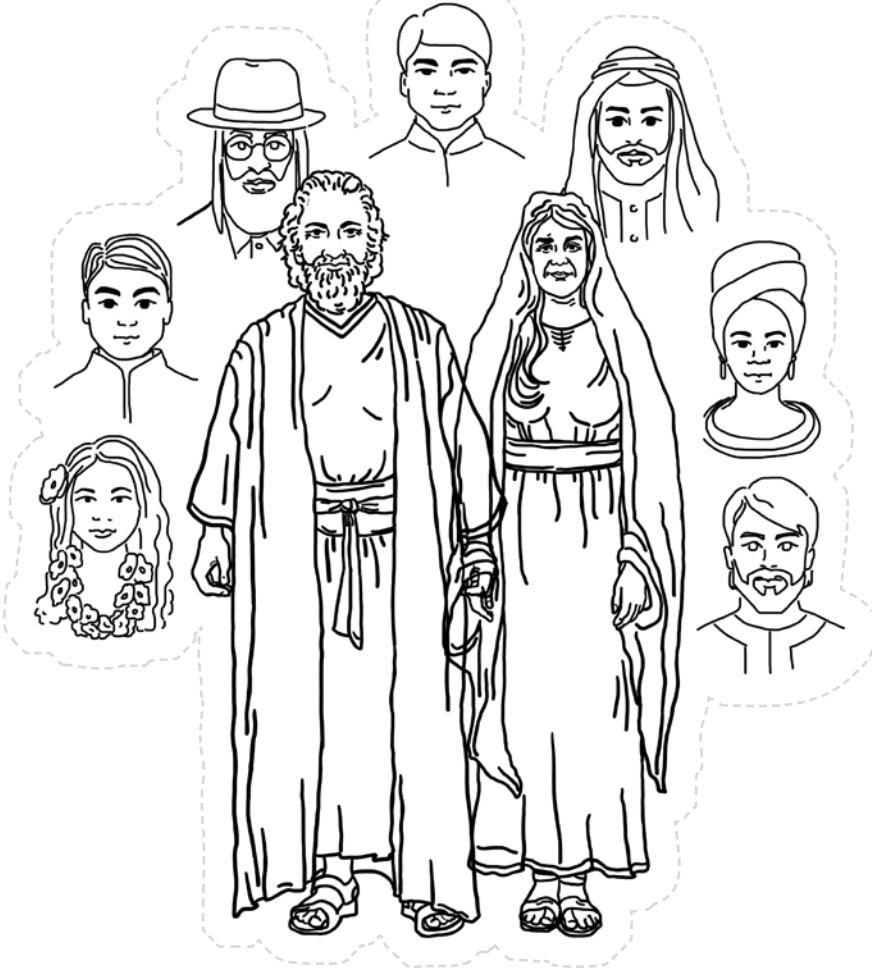
**Abraham**

Abraham name change scene

**Sarah**

Sarah name change scene





King



Bounty scene



Yishma'el and 12 princes scene



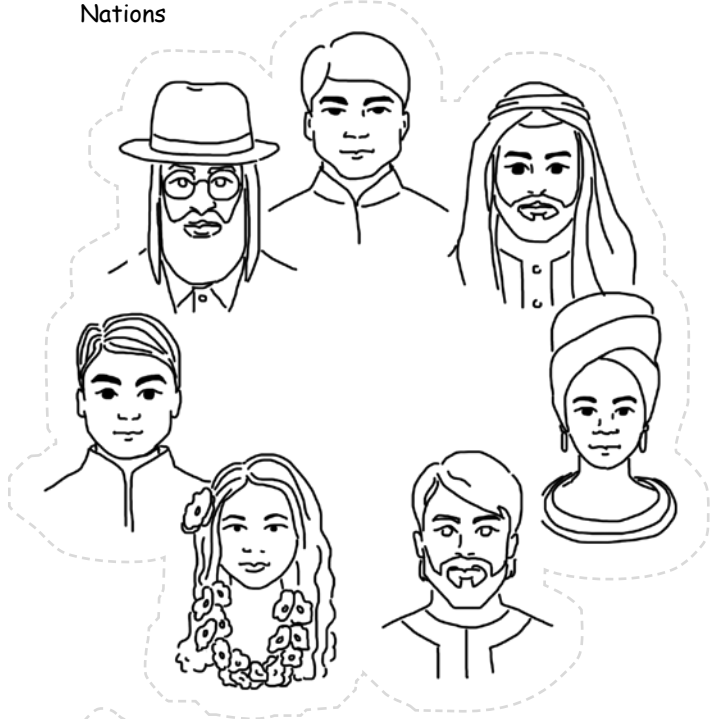
Circumcision scene



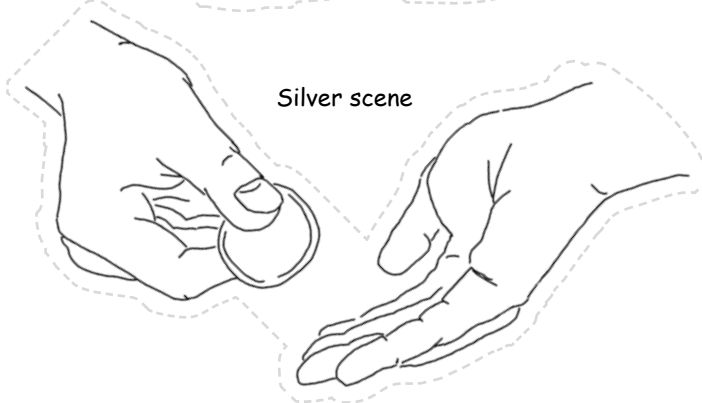
Other nations



Nations



Silver scene



Older Abraham and Yishmael



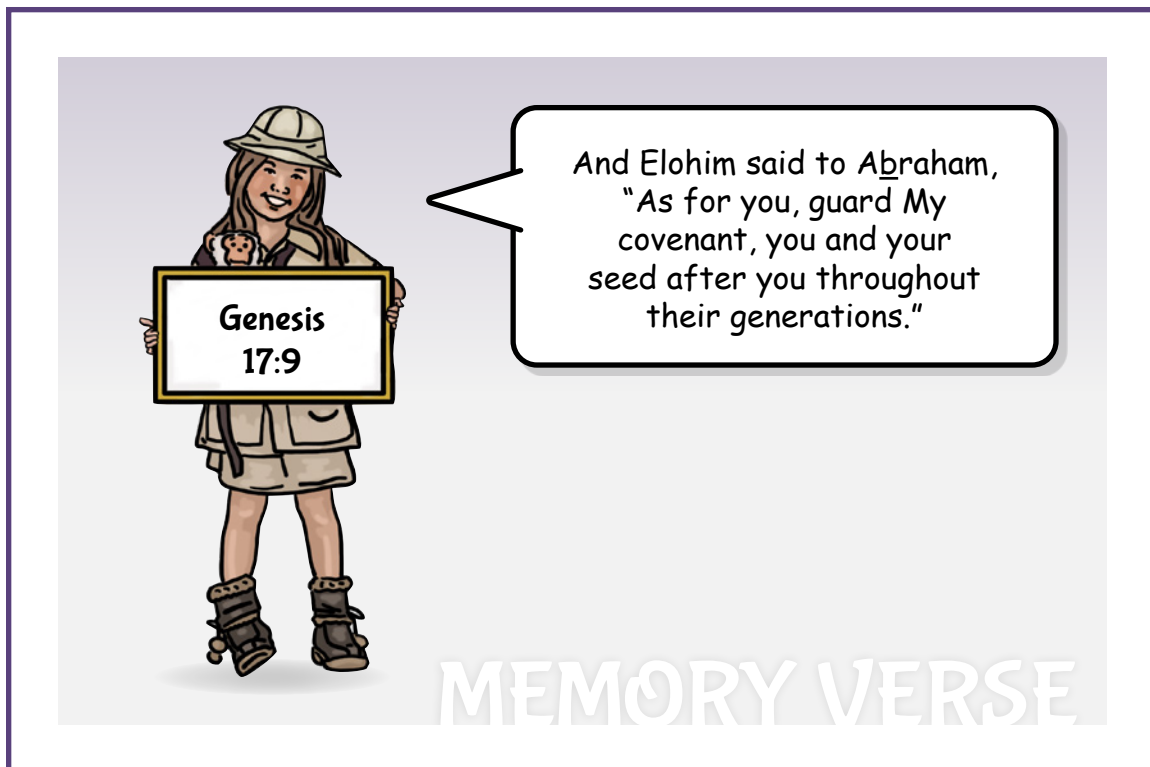


# Counting What You Gained

This next section is intended to be reinforcement of the lessons learned during this parsha. Choose the activities that best fit your child.

## STORING UP TREASURE IN MY HEART

The Katan Aleph memory verse for this Torah portion is *Genesis 17:9*. If they have not already done so, begin to help them to memorize the verse. Be creative and try acting it out, or putting it to music.



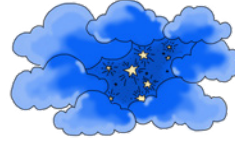
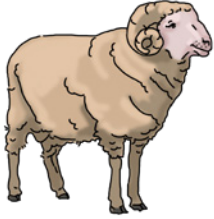




# SEEKING TREASURE

Circle the correct choices.

1. Yahweh compared Abram's seed to what? (15:5)



2. How many years did Yahweh say his seed would be in bondage? (15:13)



3. What did Yahweh change Abram's name to? (17:5)

Sarai



Ya'aqob



Abram



4. On what day is a male baby circumcised? (17:12)



5. What did Yahweh change Sarai's name to? (17:15)

Sarai



Ya'aqob

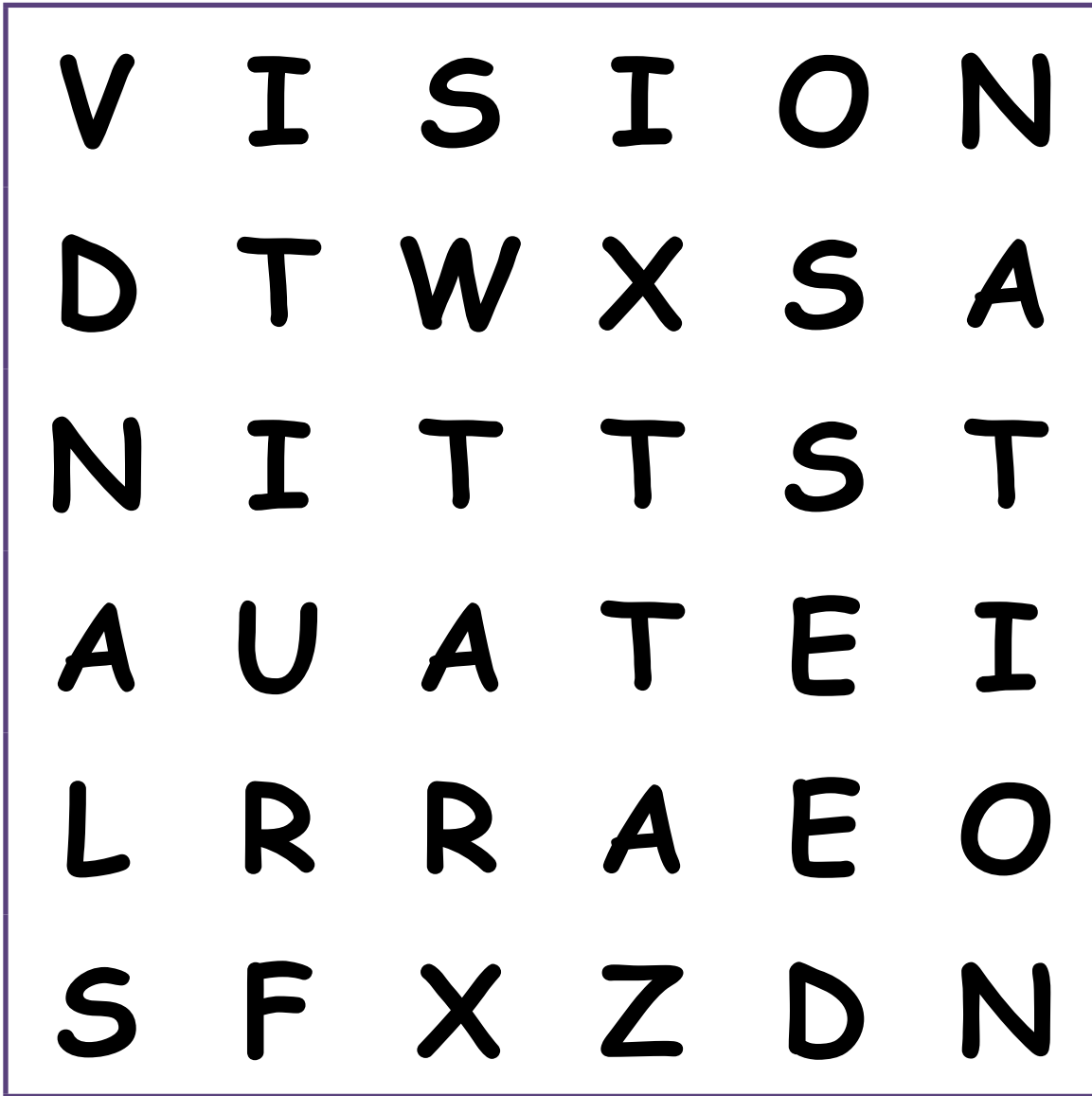


Abram



# WORD SEARCH

Search for the hidden words from this week's parsha.



VISION

STARS

LAND

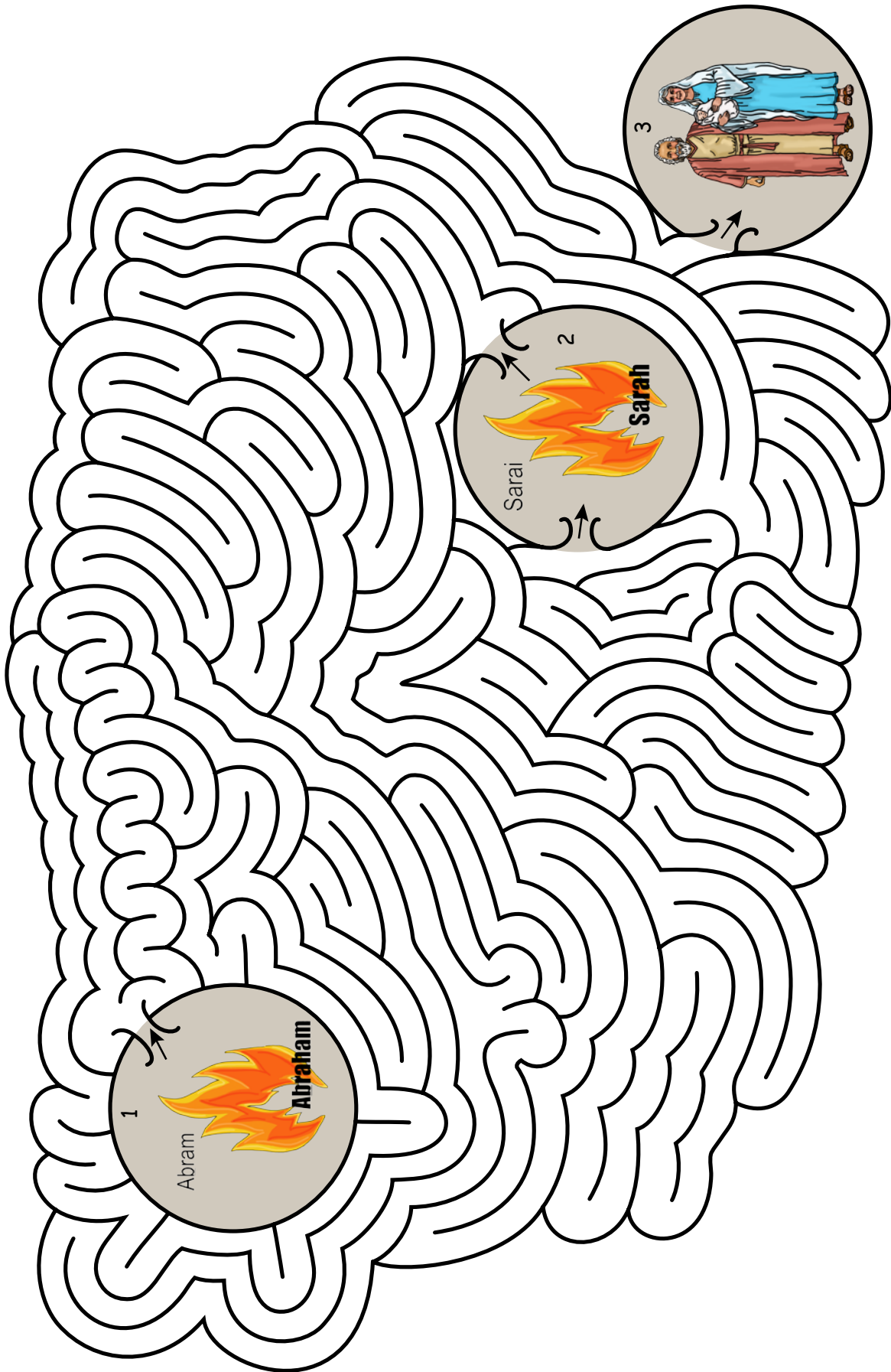
NATION

FRUIT

SEED



# MAZE



# Precious Possessions

## CRAFT

### Materials:

- 11" x 14" foam board or heavy duty cardboard (2)
- Aluminum foil
- Stencils
- Double-sided tape
- Glue or glue stick
- 8½" x 11" piece of felt (your color of choice)
- 3" x 10" piece of felt (your color of choice)
- 8½" x 11" piece of construction paper (your choice of color but light enough to write on)
- Craft paint - black
- Small foam brush
- Piece of cheese cloth or sponge
- X-acto knife
- Scissors
- Ruler
- Pencil
- Black marker or crayon

#### Parent/Teacher Preparation:

##### Pre-cut:

- pieces of foam board for the shield
- felt for the backing and the handle
- construction paper for the banner/ribbon

### Shield

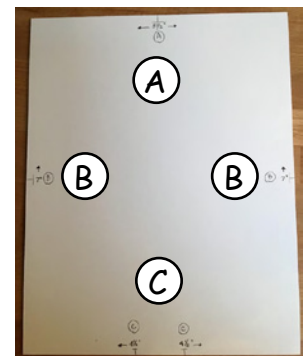
Genesis 15:1



### Instructions for the Craft:

This shield will require 2 templates, so you will make 2 of these pieces.

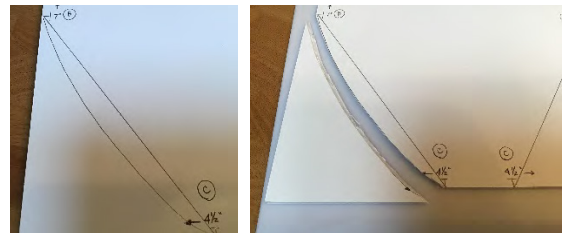
- Lay the first piece of foam board portrait style - 11" across the top, 14" along the sides.
- Make the following measurements: (P1)
  - A. From the top left side measure across 5½" and mark with a pencil (this will be the center measurement).
  - B. From the top of the board going down on the left side, measure 7" and mark with a pencil. Repeat this process on the right side of the board.
  - C. From the bottom left side measure across 4½" and mark with a pencil. Repeat this process on the right side.



P1

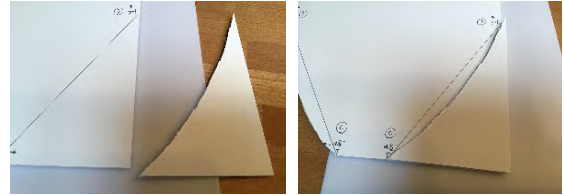
## Instructions for the Craft cont'd:

- Draw a line from B to C on the left side. Repeat on the right side. (P2)
- Draw an arc from B to C to round out the shape. (P2)
- Cut along the arc with an *X-acto* knife. (P3)
- Using the cut piece, flip it over and use it as a template to draw the arc on the other side. (P4)
- Cut the arc out with an *X-acto* knife. (P5)
- Draw an arc from the left side to the center point A and cut it out. (P6)
- Using the cut piece as a template, flip it over and draw the arc on the right side. (P7)
- Cut the arc out with an *X-acto* knife.
- Repeat the process to create a duplicate shield.



P2

P3

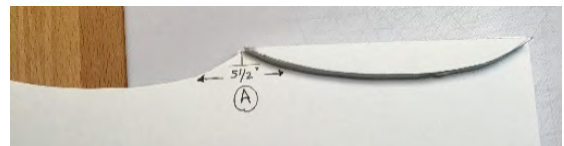


P4

P5



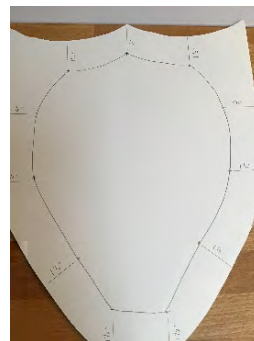
P6



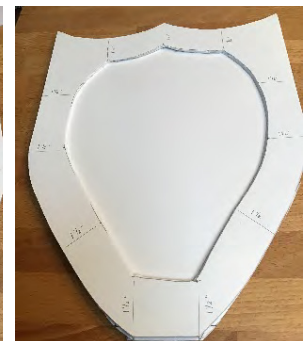
P7

### To Create the 3D Effect

- Take one shield and make the following measurements:
  - Measure  $1\frac{1}{2}$ " from all edges and mark. (P8)
  - Connect the marks and then cut out the center shape. (P9)
- Lay this cut piece over the solid piece and glue together - double-sided tape or glue stick works best here for quick dry. (P9)
- Use foil wrap to cover the shield. Lay a piece of foil with the shiny side up and put the shield face up on top of the foil, wrap the back first. (P10)
- Now lay foil shiny side down and wrap the front of the shield with any extra foil overlapping to the back (this will be covered). (P11)
- Make sure to rub foil into the groove created by the additional template, creating a 3D effect. (P10)
- Turn shield over and glue down any loose seams.



P8



P9



P10



P11

## Instructions for the Craft cont'd:

### To Create the Arm Band/Handle

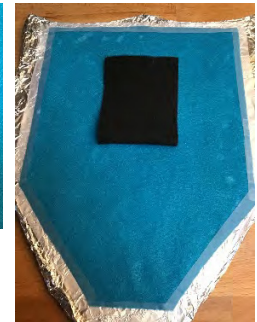
- Lay the 8½" x 11" piece of felt and trim edges to fit the shield. (P12)
- Measure 2" and again at 6" from the top of that piece of felt and cut at each measurement a 3" slit.
- Insert one end of the 3" x 10" piece of felt into the top slit and the other end into the second slit. (P13)
- Turn over the large piece of felt and secure the handle. (P13)
- Now glue the larger piece of felt onto the back of your shield - let dry. (P14)



P12



P13



P14

### To Create an 'Aged' Look

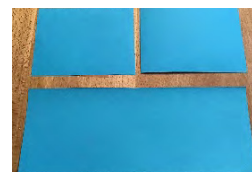
- Using black craft paint, dip a piece of cheese cloth into the paint and sponge/stamp the front only to age the shield - let dry. (P15)



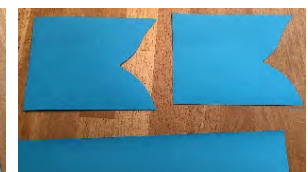
P15

### To Create the Banner

- Fold an 8½" x 11" of construction paper in half and cut. This will create 2 pieces 11" long. (P16)
- Cut one of the 11" long pieces in half. (P16)
- Cut the end of one side of each small piece to create a ribbon edge. (P17)
- Fold each end of the 11' long piece by one. This will create the center portion of the banner. (P18)
- Using stencils or a free hand, write 'YAHWEH' on this center portion with black paint, marker or crayon. (P18)
- Using a foam brush with black paint or crayons, add shading to the banner to create depth and age. (P18)
- Start with gluing the 2 small pieces to your shield. (P19)
- Place glue on the center of the larger piece of the banner so that it sticks to the center of the shield leaving the 2 ends to sit on top of the other pieces. This will make the banner look like it is flowing. (P20)



P16



P17



P18



P19



P20



# Sweetness of Torah

## SWEET SOUNDS OF TORAH

(Sing Praises to His Name)

Here is the link for "Abraham and Sarah":

[https://www.podomatic.com/podcasts/steveberkson/episodes/2019-11-01T07\\_41\\_39-07\\_00](https://www.podomatic.com/podcasts/steveberkson/episodes/2019-11-01T07_41_39-07_00)

Here is the link for "Lech-Lecha (Go or Leave)":

[https://www.podomatic.com/podcasts/steveberkson/episodes/2019-11-01T07\\_42\\_38-07\\_00](https://www.podomatic.com/podcasts/steveberkson/episodes/2019-11-01T07_42_38-07_00)

### Abraham and Sarah

Abraham was the son of Terah  
Who lived in a distant land  
He had a wife by the name of Sarah  
They were really old

Yah made a promise to Abraham  
That he would have a son  
And from that son would come a nation  
As many as the stars  
Oh-h-h-h

#### Chorus:

Trust in Yahweh with all your heart  
Lean not on your understanding  
In all of yours ways, acknowledge Him  
And He will direct your path

Many years went by for them  
But still they trusted Yah  
And they knew He would fulfil His promise  
If they just believed  
Oh-h-h-h

#### Chorus:

Trust in Yahweh with all your heart  
Lean not on your understanding  
In all of yours ways, acknowledge Him  
And He will direct your path (repeat)

Yes, He will direct your path

Abraham and Sarah had a baby boy  
Yah fulfilled His promise  
Just like He said He would

### Lech-Lecha (Go or Leave)

Lech-Lecha, from this land you'll go  
Eretz Kena'an is the land I will show  
I will make you great  
Many children in the future is your fate

Lech-Lecha, a nation you will be  
Yisra'el will be yours, you will see  
Your children will prosper in this land  
They will be as many as the stars and sand

Yahweh changed Abram's name  
The father of B'nei Yisra'el, he became

Lech-Lecha = go or leave  
Eretz Kena'an = land of Yisra'el  
B'nei Yisra'el = children of Yisra'el





# SWEET TASTE OF TORAH

This snack relates to this week's parsha. Please take these as suggestions and make necessary changes based on your individual dietary needs.

## Star Cookies

Genesis 15:5



### Ingredients:

- $1\frac{1}{4}$  c. all-purpose flour
- $\frac{1}{4}$  c. sugar
- $\frac{1}{2}$  c. (1 stick) butter, softened
- 4 oz. cream cheese, room temperature
- $\frac{1}{4}$  c. powdered sugar
- 24 strawberries, thinly sliced
- 1 c. blueberries

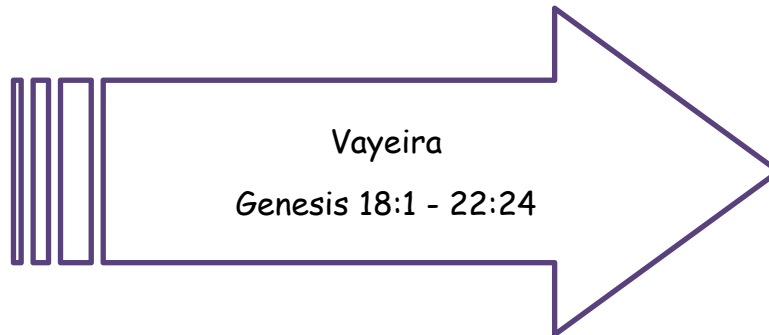
### Instructions:

Preheat oven to 325°F. In a medium bowl, combine the flour and sugar. Using a pastry cutter or 2 knives, cut in the butter until mixture resembles fine crumbs and starts to cling. Form the mixture into 3 small balls and knead each one until smooth. On a lightly floured surface, roll a ball of dough to  $\frac{1}{2}$ -inch thick. Use a star cookie cutter to cut into stars. Place them 1-inch apart on ungreased cookie sheets. Repeat with remaining dough. Bake for 8-10 minutes until cookies are set. Let cool on cookie sheet for 5 minutes before transferring to a wire rack to cool completely.

In a small bowl, blend the cream cheese and powdered sugar with an electric mixer on medium speed until smooth. Carefully spread icing evenly over each cooled cookie. Slice each strawberry slice in half and arrange on the cookies pointing outward. Place 3 blueberries in the center of each cookie.

# Next Week's Treasure Hunt

## Next Week's Torah Portion



## Suggested Reading Schedule

Monday:	Gen. 18	Yahweh visits <u>A</u> braham; Sarah is going to have Yitshaq; <u>A</u> braham bargains with Yahweh
Tuesday:	Gen. 19	The Story of <u>S</u> edom and <u>A</u> morah; The origin of <u>M</u> o'ab and <u>A</u> mmon
Wednesday:	Gen. 20	Sarah and <u>A</u> bimelek
Thursday:	Gen. 21	The birth of Yitshaq; <u>A</u> braham sends Hagar and Yishma'el away; <u>A</u> braham and <u>A</u> bimelek make a covenant
Friday:	Gen. 22	Elohim tests <u>A</u> braham; <u>A</u> braham offers up Yitshaq; The covenant is re-established