

SWEET TASTE OF TORAH

This snack relates to this week's parsha. Please take these as suggestions and make necessary changes based on your individual dietary needs.

Pharaoh's Dreams of Cows and Grain

Genesis 41:2, 5

The following are options you can choose to make to represent the 2 dreams. Although we do NOT know exactly what type of grain Pharaoh dreamt about, it is highly unlikely that it was corn. Research indicates that corn did NOT grow in that part of the world at that time. The picture with the 'ears of corn' represent the heads that Pharaoh dreamt about and should NOT be taken as literal.

Be creative with your options like pretzels that are made of wheat for the stalks (another grain) and grain cereal for the heads. You may also choose to have milk (represents the cows) and cereal (represents the grain) as a snack to represent the dreams.

Cows and Grain

Ingredients:

- 2 wedges of cheese of choice (represents the cows)
- 4-5 crackers of choice (represents head of grain)

Instructions:

Arrange on a plate and explain how they represent both dreams.



Ears of Corn

Ingredients:

- Popcorn
- Plastic wrap to shape the popcorn
- Green and yellow tissue paper to wrap around the popcorn
- Tape (to hold tissue paper around popcorn)
- Twist ties (to tie around bottom of husks)



Instructions:

Buy or make some popcorn (we do NOT recommend popping corn on Sabbath). Wrap the desired amount of popcorn with plastic wrap and shape to look like corn on the cob. Then wrap your corn with green or yellow tissue paper as you would a baby's blanket. Twist bottom of tissue paper and use twist tie to secure it.