

Vayitzei

"He Went Out"

Genesis 28:10 - 32:2

Katan Aleph



In This Edition:

7.1 - Am I Dreaming?

Genesis 28:10-22



Table of Contents

Parsha Pearls is a comprehensive resource that allows for complete customization by the parent. We understand that if you were to strive to accomplish all aspects of each lesson in one day it would be unrealistic and also overload for the child. It is our intention that this be used 'a la carte' so that it suits your specific needs. Our site caters to printing only the pieces you choose.

This page will provide quick links to get to the portion of the document for which you are looking. When you hover over the title a finger will appear. Click on it and you will be taken directly to that page.

If you are new to Parsha Pearls, we have created an [Introduction](#) document outlining how to use our lessons, as well as a [Scriptural Inspiration](#) document, which explains our titles and the Scriptural inspiration for them. We pray that Parsha Pearls blesses your home and that your children will grow to love the Word and to never depart from keeping Torah. As always, feel free to email us at parshapearls@mtoi.org if you have any questions.

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Gem Seeking

LITTLE GEMS STORY

Parent/Teacher Preparation:

Please see the [Instructions for the Little Gems Story](#) on the YMTOI website. This will help you to understand how to prepare for the story.

Am I Dreaming?

Shalom children! A lot happened in our last lesson. Two brothers were born to Yitshaq and Ribqah - twins named Esaw and Ya'aqob. **(Place Esaw and Ya'aqob on board.)** They grew up having very different interests, and Ya'aqob ended up tricking Esaw out of 2 things. Do you remember what they were? **(Allow children to answer.)** That's right, he tricked him out of his birthright when he was hungry, and then out of his blessing while he was hunting. Now, Esaw may have let it go the first time, but when Ya'aqob took something from him the second time, that was it. He was so mad that he threatened to kill Ya'aqob. **(Place angry emoji on board.)** His parents were afraid for him **(place scared emoji on board)**, so they sent him to stay with Ribqah's brother Laban.

(Remove all characters from board except for Ya'aqob. Place sun on board.)

Ya'aqob left quickly, and he probably didn't have much with him. As the sun started setting, he stopped to rest and grabbed a stone to use for a pillow. **(Replace sun with moon.)** As he slept, he had a dream. He saw a ladder that went all the way into the clouds, and there were messengers going up and down the ladder. **(Place ladder dream scene on board.)** Ya'aqob heard a voice coming from way above the ladder. It was Yahweh. **(Place messenger above ladder dream scene.)** He talked to Ya'aqob, just as He did with his father Yitshaq and his grandfather Abraham. **(Place Yitshaq and Abraham on board.)** Yahweh gave him the same promises He had given to them. He would bless him and guard him and keep him safe, and Yahweh would give him the land where he was lying. Ya'aqob woke up feeling a little scared. He realized that the place where he had stopped to sleep was set-apart.

(Remove all characters from board and place Ya'aqob and sun on board.)

Ya'aqob got up early the next morning. He took the stone from under his head and stood it up. **(Place stone in vertical position on board.)** He took some oil and poured it over the stone. **(Take oil flask and pretend to pour over the stone. Then remove all characters from board.)** Then Ya'aqob made a vow to Yahweh which is like a promise. He vowed that if Yahweh would be with him and bring him safely back to his father's home in peace, he would return to this spot and give back to Yahweh a tenth of all Yahweh had given him. Ya'aqob also changed the name of the place where he had stopped to rest. He called it Beyth El, which means 'House of El'. He said that this place would be Elohim's house.



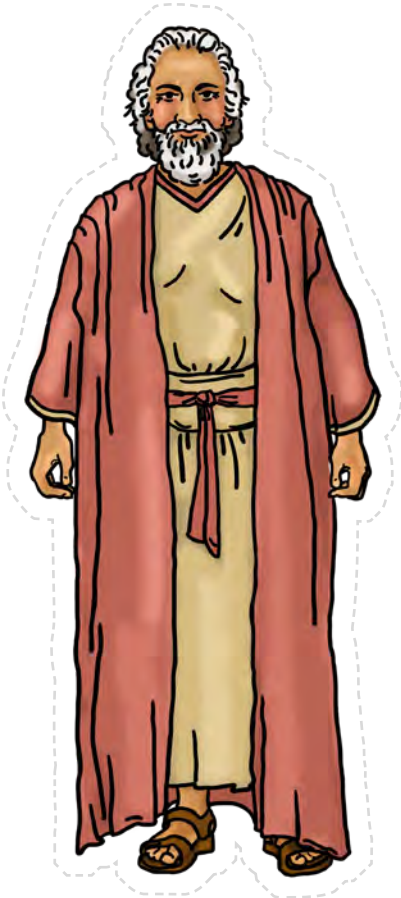
Children, do you remember who else gave a tenth in a previous parsha lesson? **(Allow children to answer.)** Abraham gave a tenth of what he had to King Malkitsedeq of Shalem after he had rescued Lot from the battle of the 4 kings against the 5 unfaithful kings. **(Place Malkitsedeq on board next to Abraham.)**

(Place 9 baskets and single basket next to each other on board.)

Children, can you help me count to 10 and set aside 1 part for Yahweh? **(Count 9 baskets with children and separate single basket.)** That's great, children! Let's always remember to put Yahweh first so that He can bless us, guard us, and keep us safe!

Well children, we have come to the end of our story for today. We will see you next week for another exciting Little Gems story!

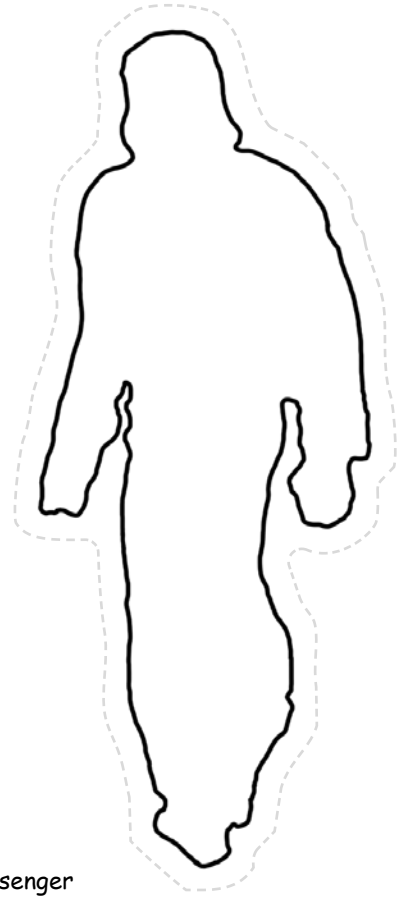




Abraham



Yitshaq



Messenger



Esaw

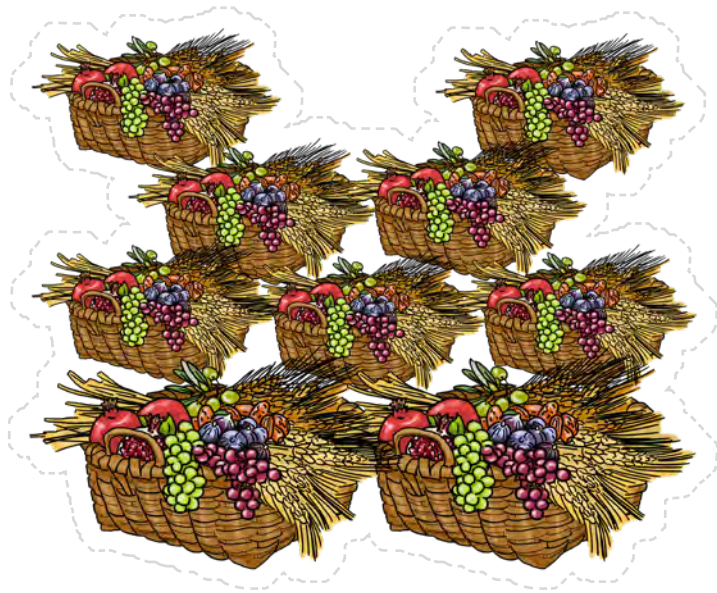


Ya'aqob

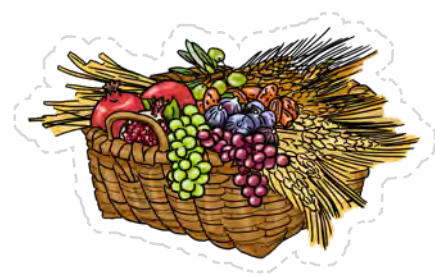


Malkitsedeq

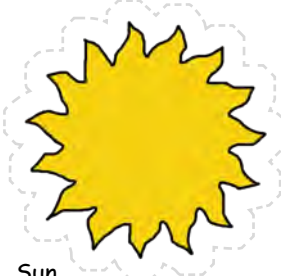
9 Baskets



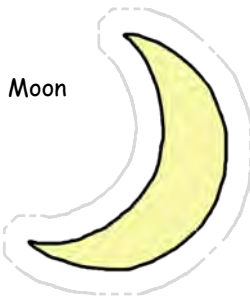
Ladder dream scene



Single basket



Sun



Moon



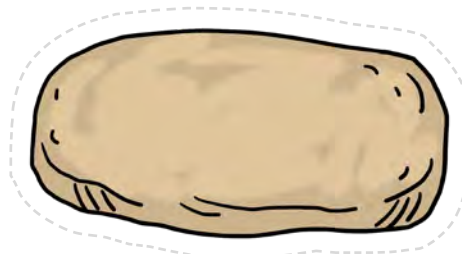
Angry emoji



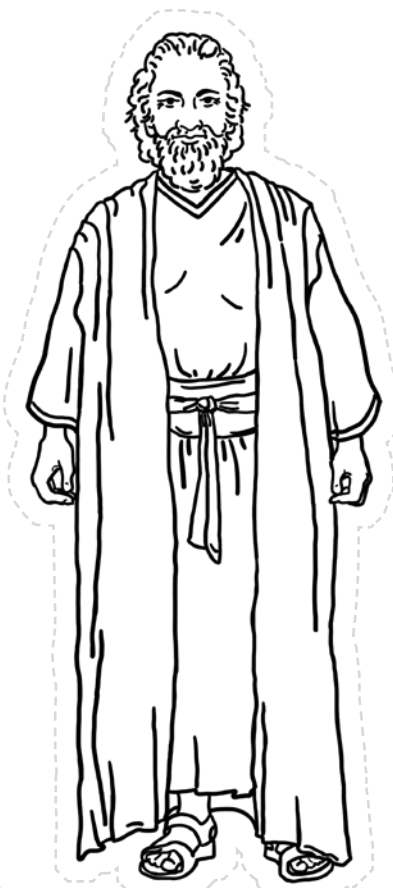
Scared emoji



Oil flask



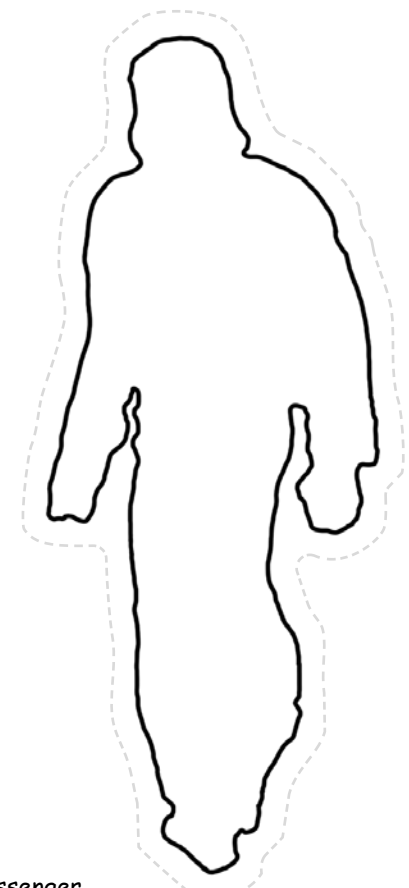
Stone



Abraham



Yitshaq



Messenger



Esaw



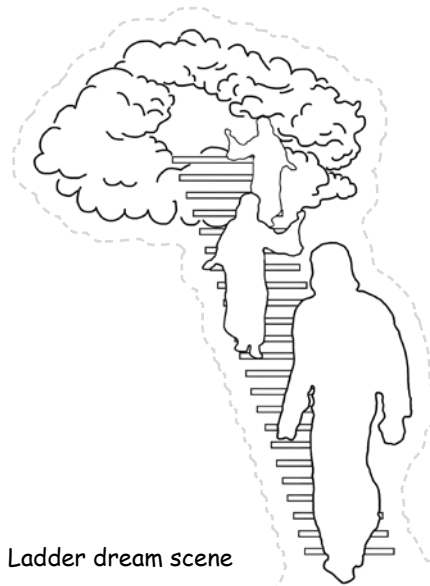
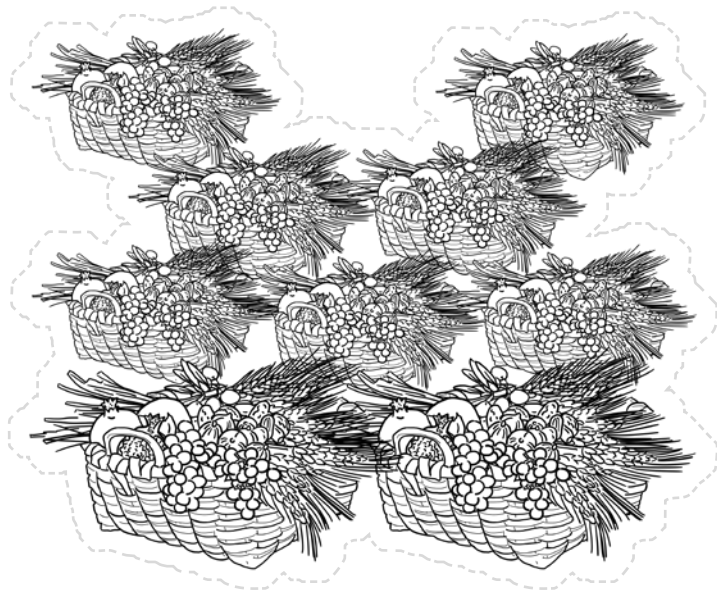
Ya'aqob



Malkitsedeq



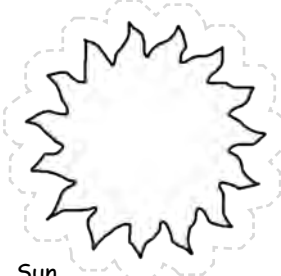
9 Baskets



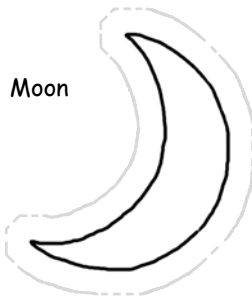
Ladder dream scene



Single basket



Sun



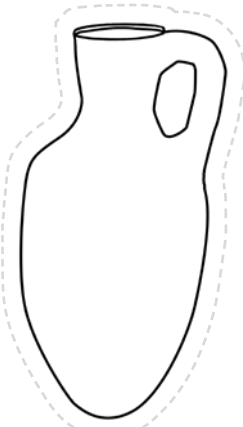
Moon



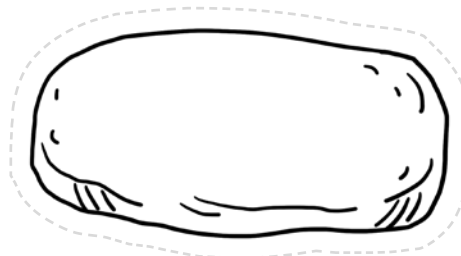
Angry emoji



Scared emoji



Oil flask




Stone

Counting What You Gained

This next section is intended to be reinforcement of the lessons learned during this parsha. Choose the activities that best fit your child.

STORING UP TREASURE IN MY HEART

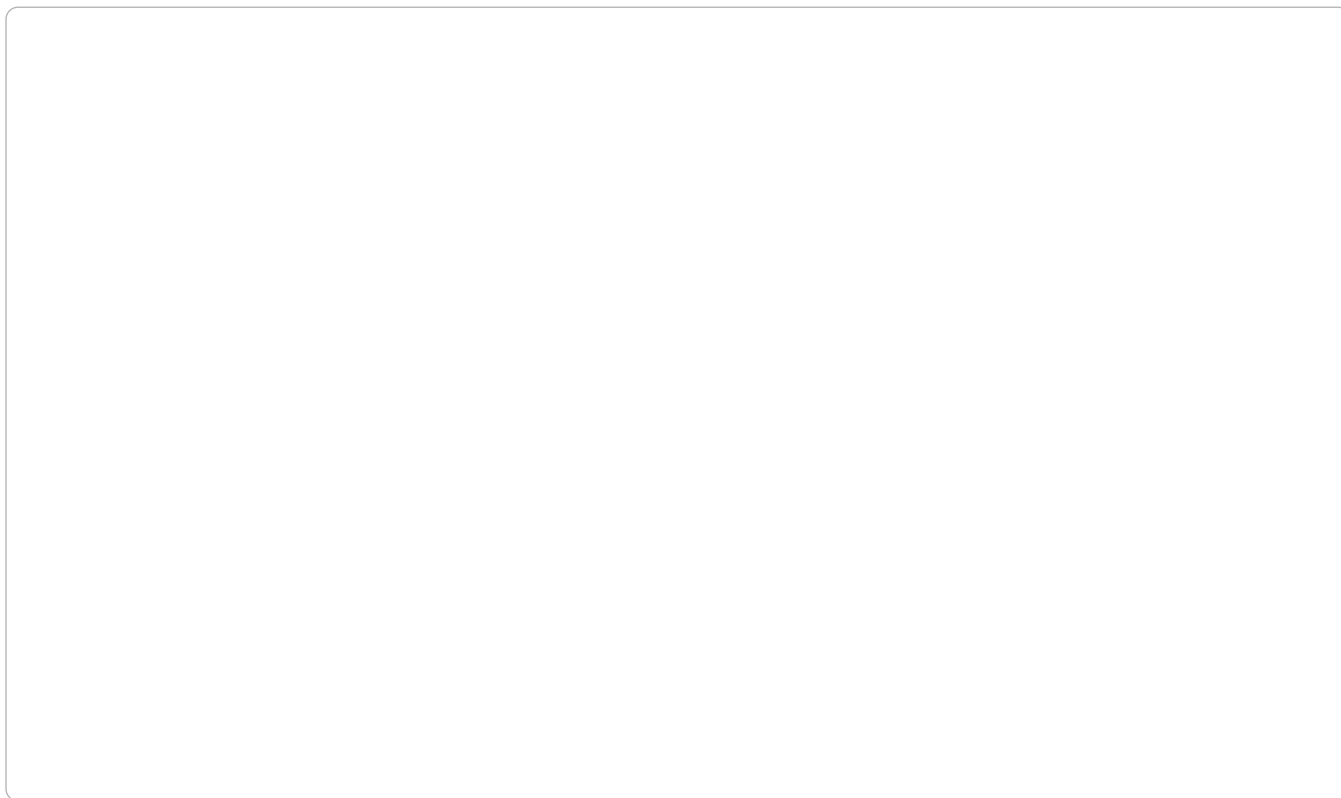
The Katan Aleph memory verse for this Torah portion is Genesis 28:13. If they have not already done so, begin to help them to memorize the verse. Be creative and try acting it out, or putting it to music.



And see, Yahweh stood above it and said, "I am Yahweh Elohim of Abraham your father and the Elohim of Yitshaq. The land on which you are lying, I give it to you and your seed."

MEMORY VERSE

Use this space to draw a picture of the verse memorized.



Use this space to write out the verse memorized.



SEEKING TREASURE

Circle the correct choices.

1. What did Ya'aqob place his head on to sleep? (28:11)



2. What did Ya'aqob see in his dream? (28:12)



3. What did Ya'aqob do to the stone he was sleeping on? (28:18)



4. What did Ya'aqob pour on the stone? (28:18)

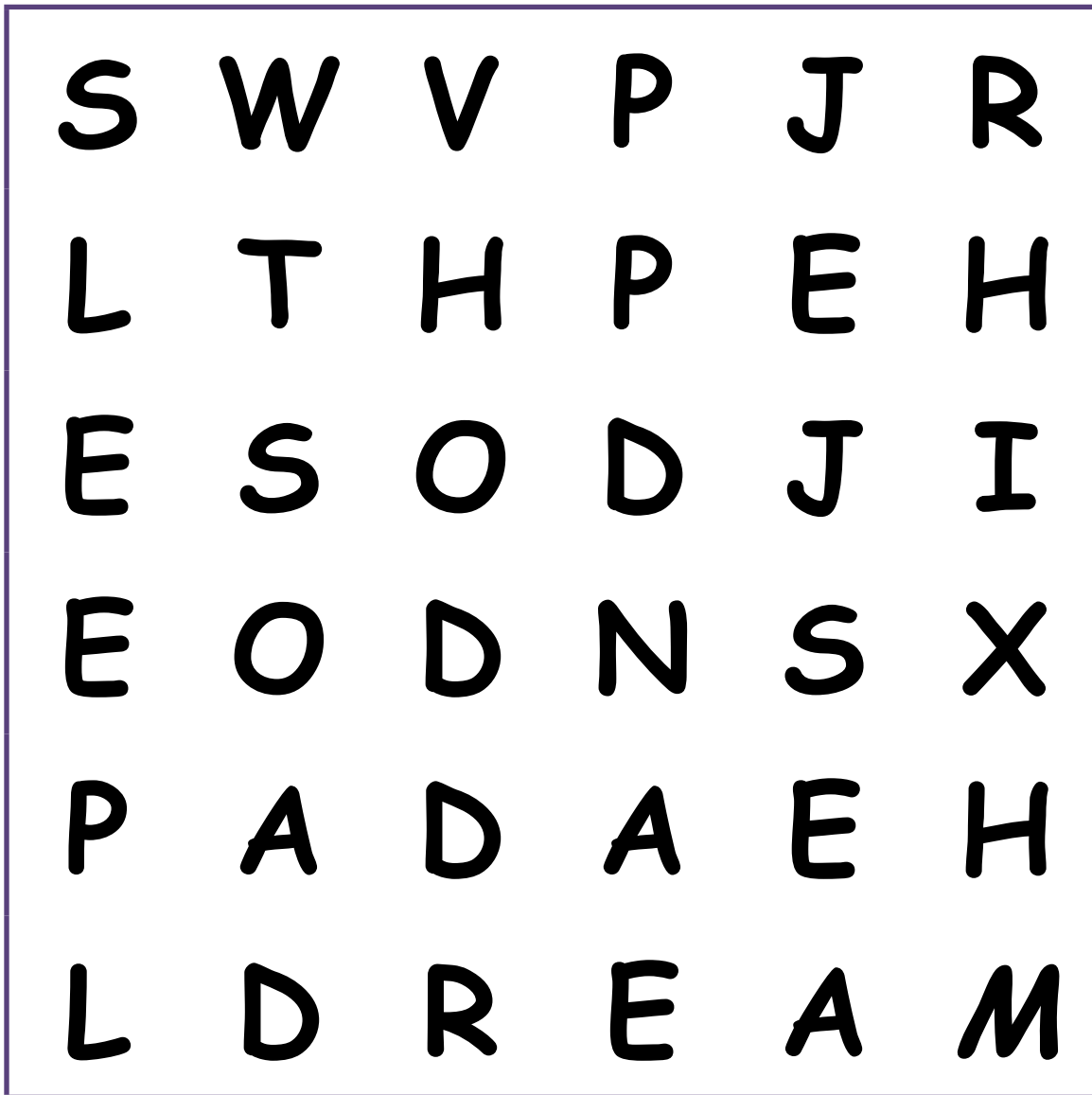


5. What did Ya'aqob say that Yahweh had given him? (28:20)



WORD SEARCH

Search for the hidden words from this week's parsha.



DREAM

HEAD

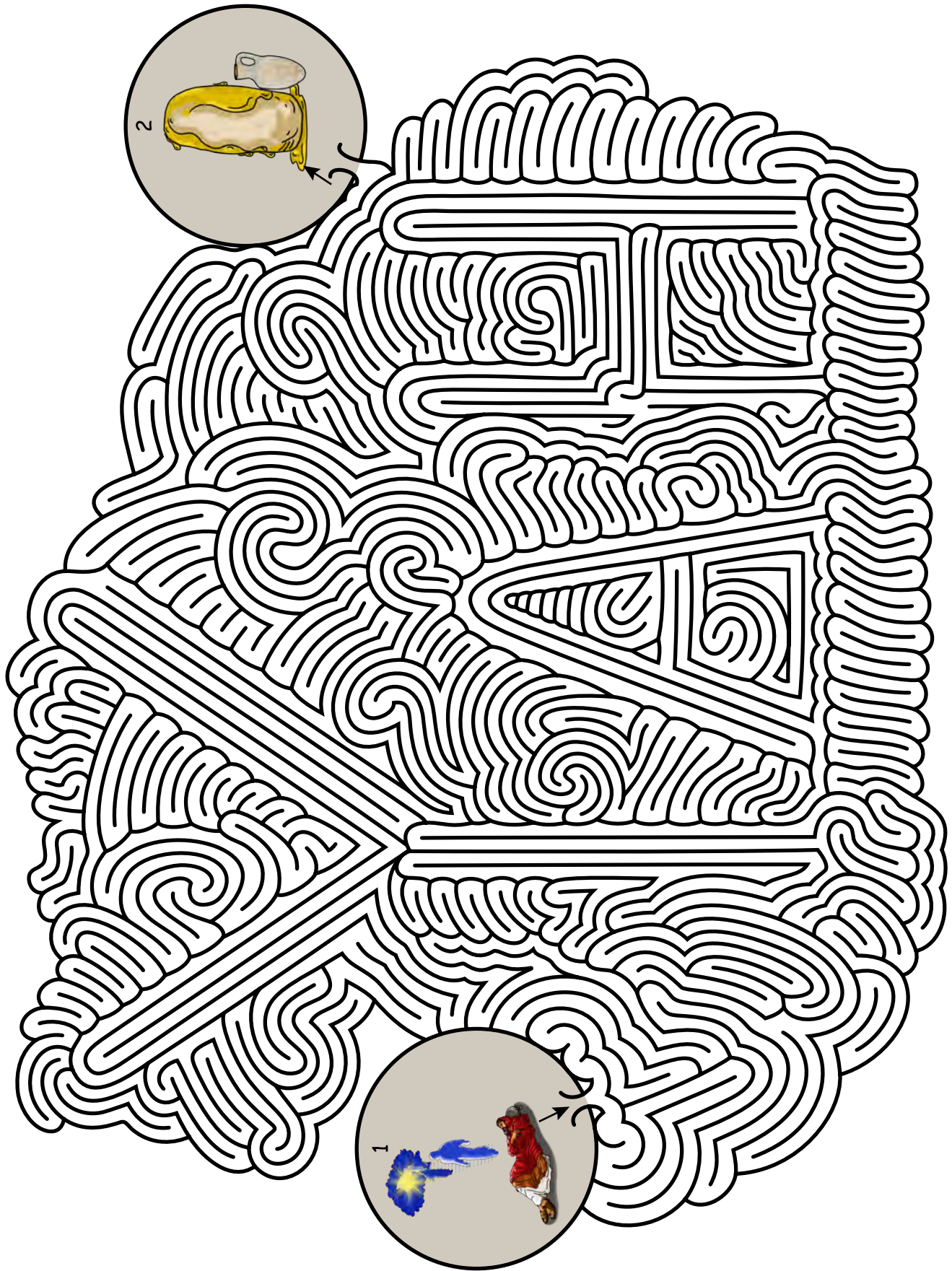
LADDER

SLEEP

STONE



MAZE



Precious Possessions

CRAFT

The Ladder Dream

Genesis 28:11-12

Materials:

- Cardstock - white
- Glitter glue - purple
- Double-sided adhesive foam
- Ruler
- Double-sided tape
- Scissors
- Coloring pencils, crayons or markers
- Craft Templates: Main Page & A (BW) or Main Page & B (color)

Parent/Teacher Preparation:

- Print Craft Templates of choice on white cardstock.



Instructions for the Craft:

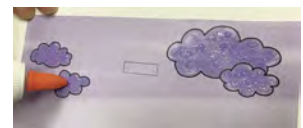
- If using BW Templates, color using medium of choice.
- Cut out all Template pieces. (P1)
- Using purple glitter glue, add dimension to the single cloud and the ones on the Main Page. (P2a, P2b)
- Using a ruler, fold the Main Page and ladder at the solid lines. (P3a, P3b)
- Run double-sided tape onto the rectangle boxes on the Main Page. (P4a, P4b)



P2a



P1



P2b



P3a



P3b



P4a



P4b

Instructions for the Craft Cont'd:

- Connect the folded tabs on the ladder to the rectangles on the Main Page. (P5a, P5b)
- Adhere double-sided foam to the single cloud and the messengers. (P6)
- Place the single cloud at the top of the ladder and the messenger on the steps. (P7a, P7b)

Assembling Ya'aqob

- Using a ruler, make folds on all the solid lines of the sleeping Ya'aqob box. (P8a, P8b)
- Run double-sided tape on the bottom fold. (P9a, P9b)
- Start folding all the lines to make a box. (P10)
- Then close the box by adhering the back of Ya'aqob to the tape. (P11a, P11b)
- Run double-sided tape on the bottom of sleeping Ya'aqob and place him on the Main Page. (P12)

You now have a visual representation of Ya'aqob's dream as he saw messengers going up and down the ladder.



P5a



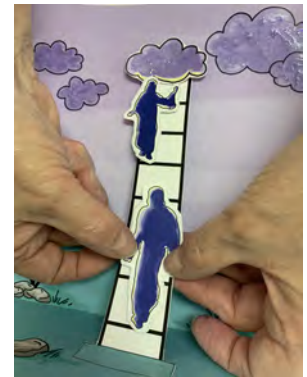
P5b



P6



P7a



P7b



P8a



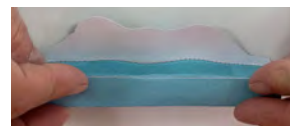
P8b



P9a



P9b



P10



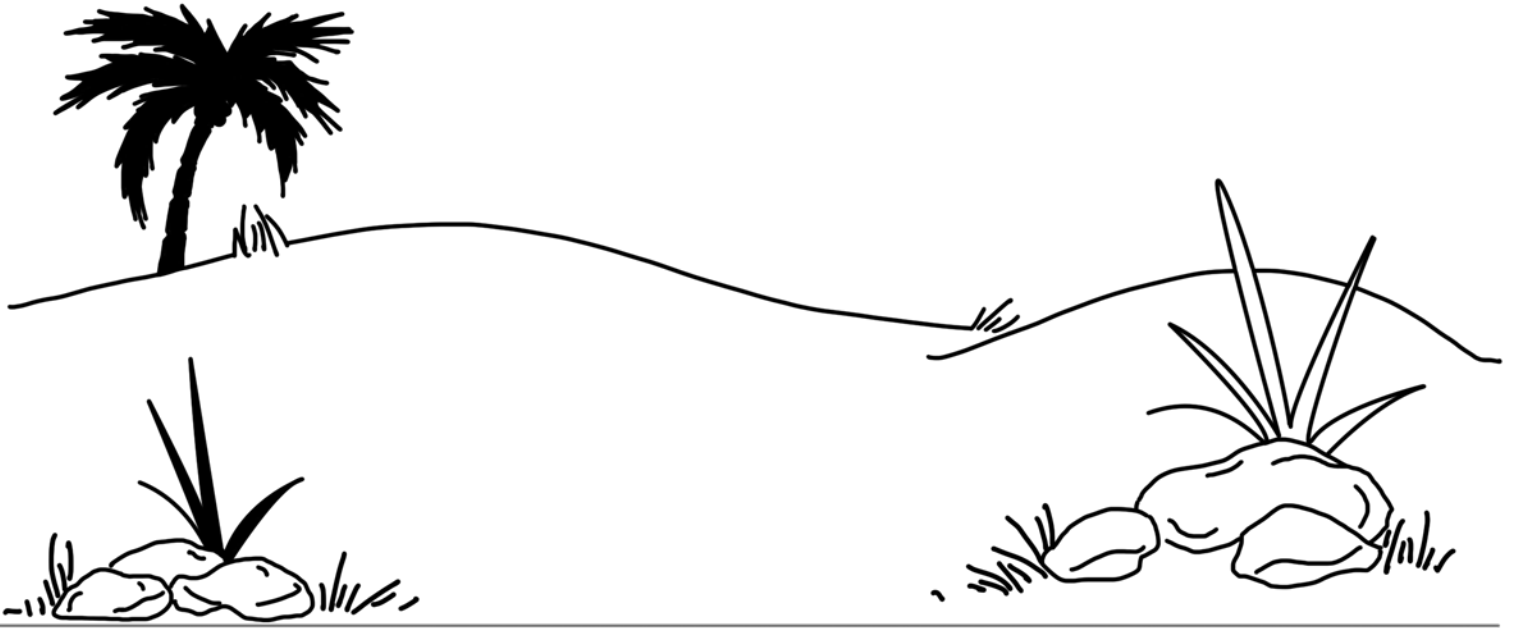
P11a



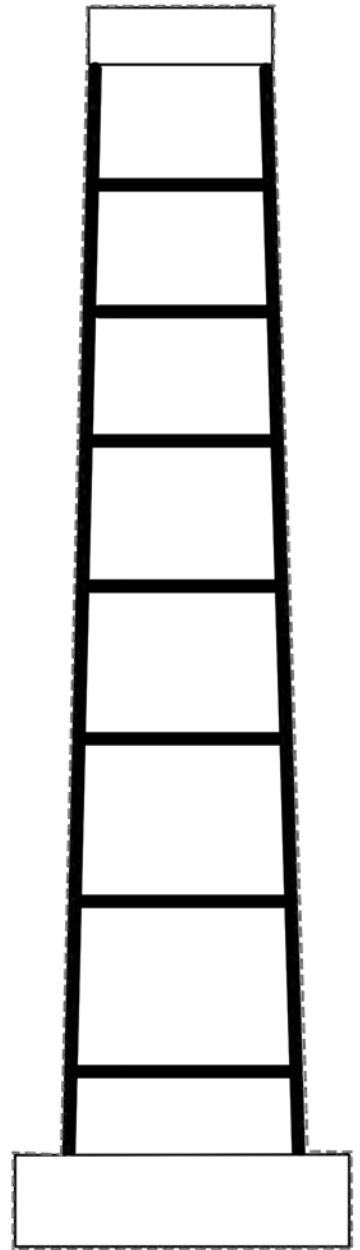
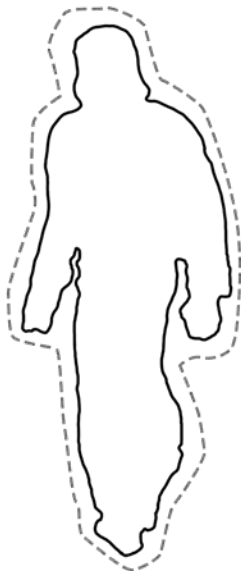
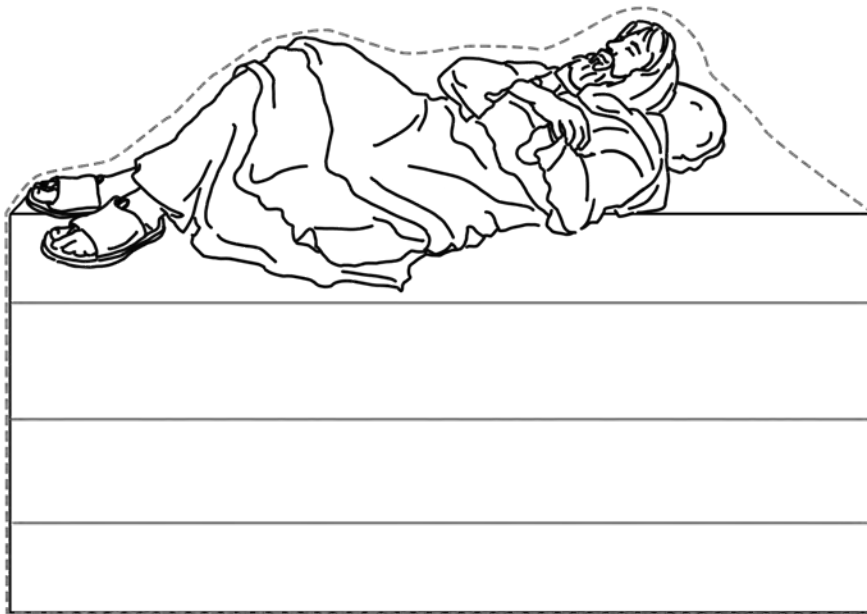
P12



P11b

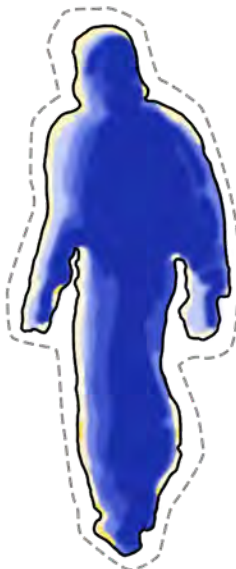
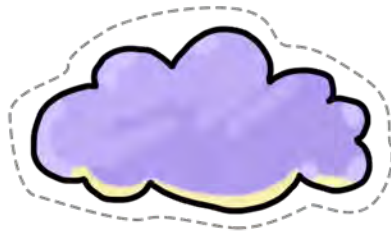
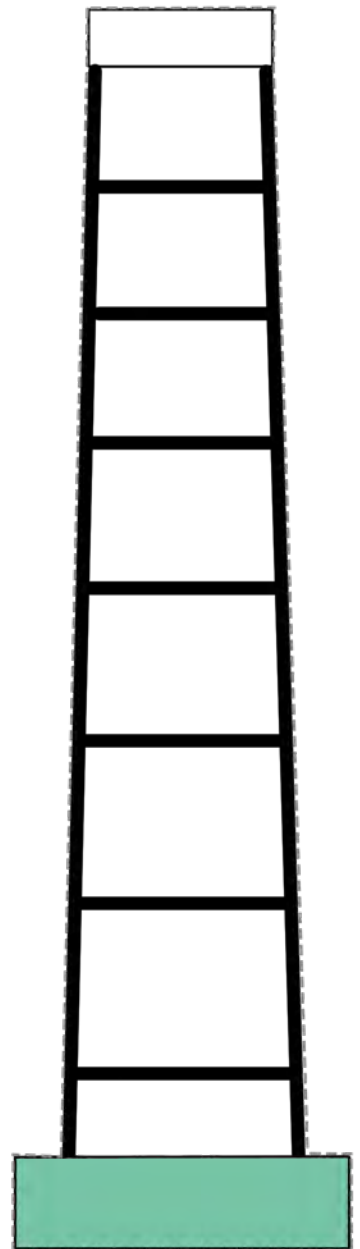


Notebook Template A (BW)





Notebook Template B (color)



CRAFT

Materials:

- Copy paper
- $\frac{1}{2}$ gallon (2 litre) carton of milk or juice, clean and empty
- Brown paper grocery bag
- Dimensional paint - gold or yellow
- Glue stick or glue
- Scissors
- Pen or pencil
- Coloring pencils, crayons or markers
- Craft Templates: A (BW) or B (color)

Standing Column Tzedakah Box

Genesis 28:22



Parent/Teacher Preparation:

- Print Craft Template of choice on copy paper.
- Depending on the skill of the child, you may need to help them with the flaps.

Instructions for the Craft:

- If using BW Template, color using medium of choice.
- Cut out Craft Template. (P1)

Creating the Flat Top

- Pull the top of the carton so that the upper part is completely open. Do NOT tear it or cut it off as it will be needed to create the flat top. (P2)
- On 2 sides of the top it is shaped like a triangle. Cut along the lines so that there are 2 flaps that are triangular and 2 flaps with 2 small triangles attached to them. (P3a, P3b, P4a, P4b)



P1



P2



P3a



P3b



P4a



P4b

Instructions for the Craft Cont'd:

- Pull all flaps away from center to enable working with each flap one at a time. (P5)
- Cut the excess cardboard at the top of the box. (P6a, P6b)
- Pull all flaps out. (P7)
- Push the back flap and 2 small triangles into the carton. (P8a)
- Push the front flap and 2 small triangles into the carton to close up the top. (P8b)
- Fold the 2 larger triangles over the top of the carton meeting the edges behind the spout. (P9)
- Using a piece of packing tape, seal the top. (P10a, P10b)
- Stick your finger in the pour spout to raise any sunken flaps and adhere to the packing tape. The top is now closed.
 - If a flap is in the way of the pour spout, using a pen or marker, mark where it overlaps through the pour spout.
 - Pull the flap back out of the way and cut the marked area.



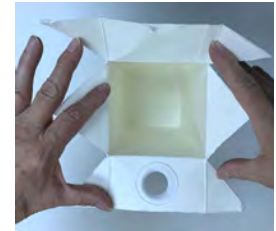
P5



P6a



P6b



P7



P8a



P8b



P9

Adding the Paper Bag

- Cut down the side of the paper bag to lay it out flat.
- Lay the carton on its side, on top of the paper bag, close to the edge. If there is print on the bag, use that side to trace the lines so that it does NOT show. Trace a line down both sides of the carton onto the paper bag. (P11a)
- Without lifting the carton, turn the carton to the next side and trace a line down the edge. Repeat this process until there are 5 lines on the paper bag. (P11b)
- Draw a line about 1/2" from the 1st and last line. (P12a, P12b)



P10a



P10b



P11a



P11b



P12a



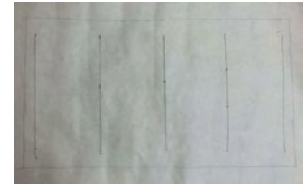
P12b

Instructions for the Craft Cont'd:

- Draw a line about 1" from the top and bottom where the lines begin and end. (P13)
- Connect the lines to make a rectangle around the 5 carton lines. (P14)
- Cut out the rectangle and save the excess paper bag to cover the top of the carton. (P15)
- Place a piece of the excess paper bag on the bottom of the carton and using a ruler, draw lines around the 4 edges the width of the ruler. (P16)
- Cut around the lines and place the paper bag piece of the top of the carton where the spout is. (P17a, P17b)
- Crease the edges down so that you have a triangle flap. (P18a)
- Cut the triangle flaps. (P18b)



P13



P14



P15



P16



P17a



P17b



P18a



P18b

Instructions for the Craft Cont'd:

- When you are done you will have a + sign. (P19)
- Fold the edges down over the carton. (P20a)
- Using a piece of packing tape, adhere the paper bag to the carton.



P19



P20a



P20b

- Now crumple up the rectangle brown paper bag that you made the 5 lines on. (P21)
- Place hot glue on one side of the carton and start rolling the paper over it to adhere. (P22a, P22b)



P21

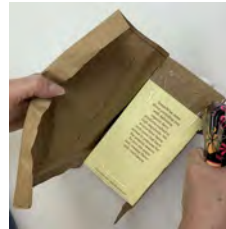


P22a



P22b

- Roll the carton and repeat this process until all sides are covered with the paper bag. (P22c, P22d)
- You should have excess at the bottom of the carton.
- Fold the paper bag over the bottom and use hot glue to adhere. (P23)



P22c



P22d



P23

Adding the Stone Face and Oil

- Glue the Template to the front of the carton where the spout is. (P24)
- Using gold glitter glue, draw squiggly lines on the front, sides, back and top of the carton to represent the oil that Ya'aqob poured over the standing column. (P25a, P25b)
- Allow to dry.



P24

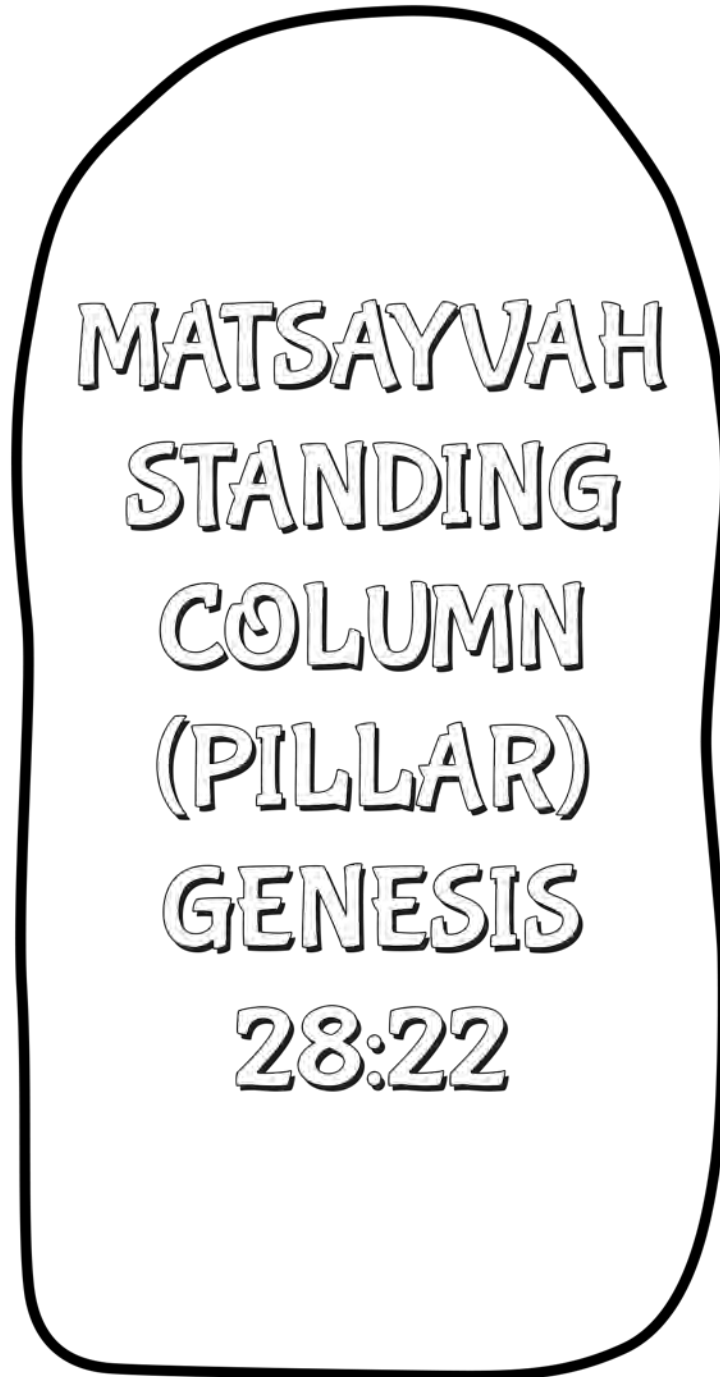


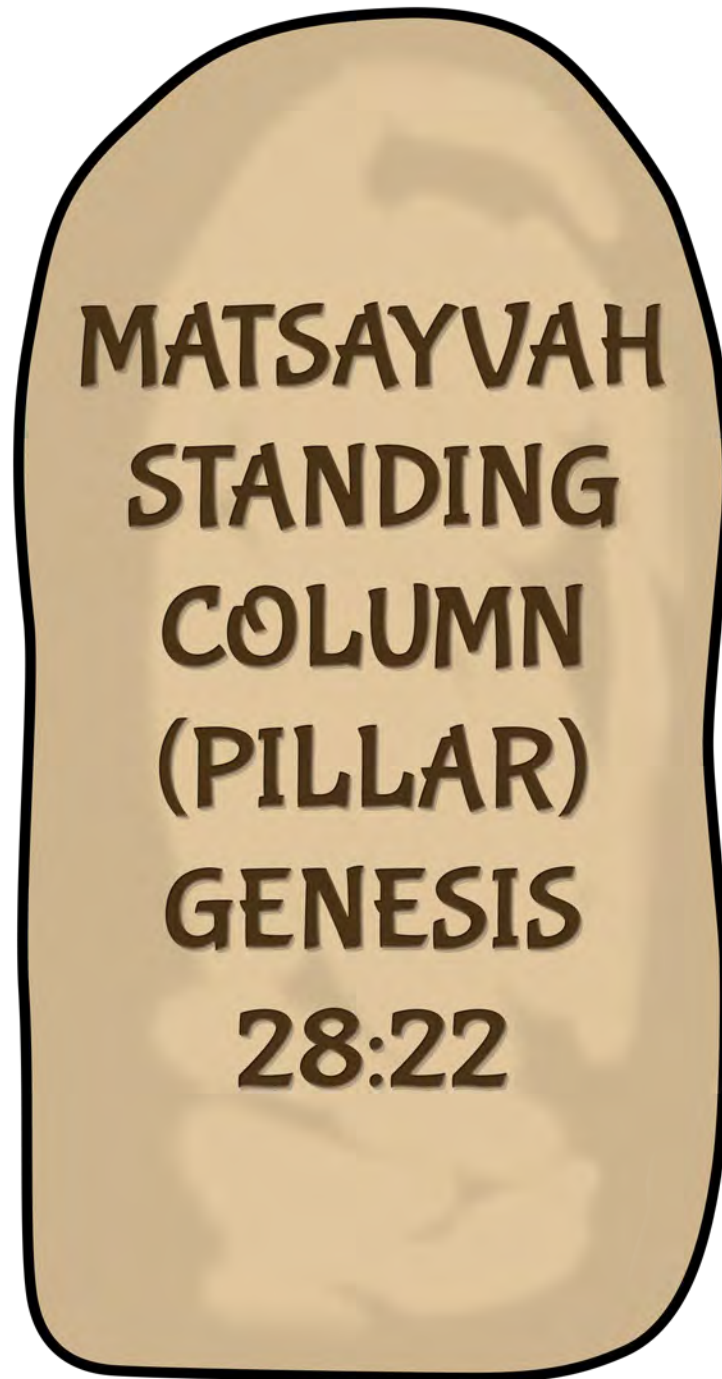
P25a



P25b

You now have a visual representation of a standing column which can be used as a tzedakah box (bank) where a tithe or offering can be stored.







Sweetness of Torah

SWEET SOUNDS OF TORAH

(Sing Praises to His Name)

Here is the link for this song:

https://www.podomatic.com/podcasts/steveberkson/episodes/2016-12-06T09_22_55-08_00

Sing to the tune of "Twinkle, Twinkle Little Star"

Twinkle, Twinkle Kochavim

Twinkle, twinkle kochavim
High up in the shamayim
When you say 'Shema' by day, everything will be okay
Twinkle, twinkle kochavim
High up in the shamayim

Shema Yisra'el, Yahweh Eloheinu, Yahweh echad

Twinkle, twinkle kochavim
High up in the shamayim
When you say 'Shema' at night, everything will be alright
Twinkle, twinkle kochavim
High up in the shamayim

Shema Yisra'el, Yahweh Eloheinu, Yahweh echad



Perhaps Ya'aqob sang this song to comfort himself as he was all alone far away from home, and his mom and dad.

Kochavim = stars

Shamayim = heavens

"Shema" is the liturgical prayer said on Shabbat.

SWEET TASTE OF TORAH

This snack relates to this week's parsha. Please take these as suggestions and make necessary changes based on your individual dietary needs.

Ya'aqob's Dream

Genesis 28:12



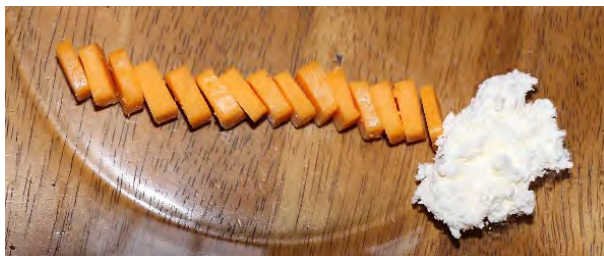
Ingredients:

- Yogurt or cream cheese (represents clouds)
- Fresh pineapple or cheese (represents ladder)
- 1 carrot (represents Ya'aqob)
- Turkey slice / tortilla wrap (represents stone pillow)

Instructions:

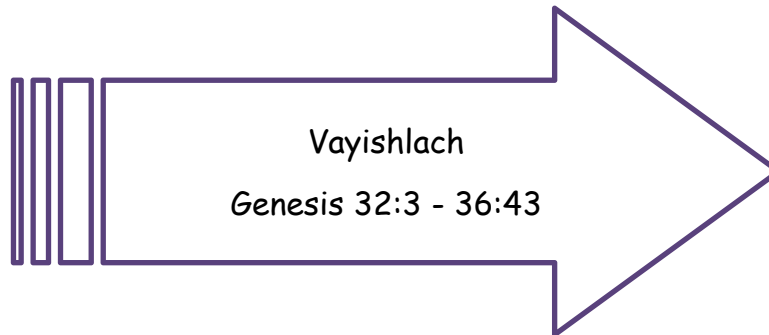
Slice a fresh pineapple or cheese into thin sections about 1" wide, and lay onto plate, to look like a diagonal staircase. Next, spoon yogurt or cream cheese onto the plate to make the cloud.

Take a carrot and cut a piece about the length of a baby carrot - 3" to make the body. Cut off a circle for the face and make 2 legs by cutting the carrot slice that is about 1½" in half. Lay a folded turkey slice or tortilla wrap under Ya'aqob's head.



Next Week's Treasure Hunt

Next Week's Torah Portion



Suggested Reading Schedule

| | | |
|------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Monday: | Gen. 32:3-32 | Ya'aqob <u>b</u> prepares to meet Esaw; Ya'aqob <u>b</u> wrestles with a 'Man' until day break and gets his hip dislocated; Ya'aqob <u>b</u> 's name is changed to Yisra'el |
| Tuesday: | Gen. 33 | Ya'aqob <u>b</u> and Esaw are reunited |
| Wednesday: | Gen. 34 | Dinah's story |
| Thursday: | Gen. 35 | Ya'aqob <u>b</u> keeps his promise to return to Beyth El; Rahel dies after Binyamin is born; Yitshaq dies |
| Friday: | Gen. 36 | Genealogy of Esaw, father of the Edomites |

