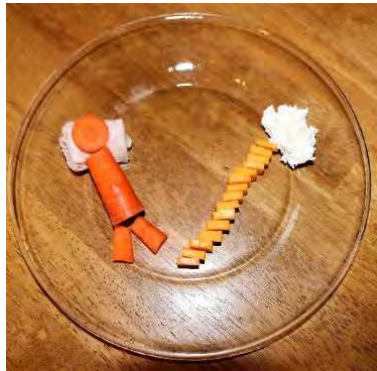


SWEET TASTE OF TORAH

This snack relates to this week's parsha. Please take these as suggestions and make necessary changes based on your individual dietary needs.

Ya'aqob's Dream

Genesis 28:12



Ingredients:

- Yogurt or cream cheese (represents clouds)
- Fresh pineapple or cheese (represents ladder)
- 1 carrot (represents Ya'aqob)
- Turkey slice /tortilla wrap (represents stone pillow)

Instructions:

Slice a fresh pineapple or cheese into thin sections about 1" wide, and lay onto plate, to look like a diagonal staircase. Next, spoon yogurt or cream cheese onto the plate to make the cloud.

Take a carrot and cut a piece about the length of a baby carrot - 3" to make the body. Cut off a circle for the face and make 2 legs by cutting the carrot slice that is about 1½" in half. Lay a folded turkey slice or tortilla wrap under Ya'aqob's head.

