

# Precious Possessions

## CRAFT

### Fragrance

Numbers 28:2, 6, 8, 13, 24, 27 29:2, 68, 36

### Materials:

- 10 ml. glass perfume bottle (roll on or spray)
- Carrier oil of choice: Almond oil, Coconut oil, Jojoba oil
- 16 drops 'top note' essential oil (of choice)
- 8 drops 'middle note' essential oil (of choice)
- 16 drops 'base note' essential oil (of choice)
- Optional: small funnel (for ease in pouring carrier oil)
- Optional: dried flowers or gem stones for decoration



### Parent/Teacher Preparation:

- Purchase perfume bottles of choice.
- When making a perfume choose your carrier oil. It can be fractionated coconut oil, sweet almond oil, jojoba oil or any oil you prefer. For a 10 ml. bottle use approximately 40 drops of oil. In addition you will add 3 essential oils of choice. These are called the 3 notes. There is the base note, middle note and the top note. Depending on what scent you like you can add or subtract drops. But commonly you will use 2 parts base note and top note to 1 part middle note. Always start with your base note and move to your middle note and then the top note. The top note is the scent that is the strongest and also fades the quickest. Swirl the oils after adding each note. Smell your fragrance and decide if you want more of an oil scent. Then add your carrier oil leaving some room at the top in case you want to add more essential oils depending on how strong you would like your scent to be. You can always look up ideas for fragrances on DIY websites and YouTube.

### Instructions for the Craft:

- Add 16 drops of 'top note' of choice to bottle. We used Lime. (P1)
- Add 8 drops of 'middle note' of choice to bottle. We used Bergamot. (P2)
- Add 16 drops of 'base note' of choice to bottle. We used Sandalwood. (P3)
- Fill the rest of the bottle with carrier oil of choice and shake. (P4)
- Smell your scent and add more essential oils if desired.



P1



P2



P3



P4