

SWEETNESS OF TORAH

SWEET TASTE OF TORAH

This snack relates to this week's parsha. Please take these as suggestions and make necessary changes based on your individual dietary needs.

Mother Bird with Eggs in Nest Deuteronomy 22:6



Ingredients:

- 1 round slice of pineapple (represents body of bird)
- 1 baby carrot/cheese/apricot (represents beak, feet and feathers)
- 2 chocolate covered raisins (represents eyes)
- A handful of pretzel sticks (represents nest)
- A handful of *Berry Berry Kix* cereal (represents eggs)

Instructions:

1. Grab a plate and place your round slice of pineapple in the center. Place some pretzel twists around the bottom of the plate to resemble a bird's nest.
2. Using a knife or kitchen scissors (please supervise children if allowing them to slice), slice your baby carrot/cheese/apricots into 2 thin rounds. Place these on the bird for the feet. Next, slice another round off your carrot/cheese/apricot and cut it into a triangle. Place this triangle on your bird for the nose. Finally, slice 3 thin strips off the remaining baby carrot/cheese/apricot. Stick these on top of the bird for the top feathers.
3. Take your 2 chocolate covered raisins and place them on the bird for the eyes.
4. Lastly, grab a handful of *Berry Berry Kix* cereal and put some in the empty spaces in your nest to represent the bird eggs.