

Yom Kippur

"Yom Kippur/Yom HaKippurim Edition"
(Day of Atonement/Day of Atonements)

Yonah (Jonah) 1-4
Katan Bet/Gadol



Special Feast Edition

INTRODUCTION

This Parsha Pearls Feast Edition is designed specifically for Yom Kippur (the Day of Atonement). In Leviticus 23:1-2, Yahweh told Mosheh to speak to the children of Yisra'el about His appointed times (moadim), which they were to keep as set-apart gatherings (mikra kodesh). Three times each year, the children of Yisra'el were required to travel to Yerushalayim (Jerusalem) to observe one of the 3 pilgrimage feasts (shalosh regalim).

The 3 spring festivals are:

1. Passover (Pesach)
2. Festival of Unleavened Bread (Chag HaMatzot), which immediately follows Passover
3. Feast of Weeks (Chag HaShavuot)

The 4 autumn festivals are:

1. Day of Trumpets (Yom Teruah/Zichron Teruah/Rosh HaShanah)
2. Day of Atonement (Yom Kippur), Day of Atonements (Yom HaKippurim)
3. Feast of Tabernacles (Chag HaSukkot)
4. 8th day Assembly (Shemini Atzeret), which immediately follows Sukkot



Yom Kippur is the 4th appointed time (moad) of the year and the 5th High Sabbath. According to Yahweh's calendar, it is observed on the 10th day of the 7th month. *"On the 10th day of this 7th month (new moon) is the Day of Atonement (Yom HaKippurim). It shall be a set-apart gathering (mikra kodesh) for you. And you shall afflict your beings, and shall bring an offering made by fire to Yahweh. And you do no work on that same day, for it is the Day of Atonement (Yom Kippur), to make atonement for you before Yahweh your Elohim. For any being who is not afflicted on that same day, that being I shall destroy from the midst of his people. You do no work - a law forever throughout your generations in all your dwellings. It is a Sabbath of rest to you, and you shall afflict your beings. On the 9th day of the month (new moon) at evening, from evening to evening, you observe your Sabbath"* (Lev. 23:27-32).

These festivals were commanded by Yahweh to be kept by the children of Yisra'el throughout their generations, and that is why we are observing them as well (Lev. 23).

Chag Sameach (Happy Feast) from MTOI and YMTOI

Fun Facts

Even though the book of Yonah has only 47 verses, the Hebrew word gadol (big) is used 14 times (1:2, 2, 4, 10, 12, 16, 17; 3:2, 3, 5, 7; 4:1, 6, 11).

Table of Contents

Parsha Pearls is a comprehensive resource that allows for complete customization by the parent. We understand that if you were to strive to accomplish all aspects of each lesson in one day it would be unrealistic and also overload for the child. It is our intention that this be used 'a la carte' so that it suits your specific needs. Our site caters to printing only the pieces you choose.

This page will provide quick links to get to the portion of the document for which you are looking. When you hover over the title a finger will appear. Click on it and you will be taken directly to that page.

If you are new to Parsha Pearls, we have created an [Introduction](#) document outlining how to use our lessons, as well as a [Scriptural Inspiration](#) document, which explains our titles and the Scriptural inspiration for them. We pray that Parsha Pearls blesses your home and that your children will grow to love the Word and to never depart from keeping Torah. As always, feel free to email us at parshapearls@mtoi.org if you have any questions.

Special Feast Edition	2
➤ Introduction	2
Pearl Seeking (The Main Lesson)	4
➤ Treasuring His Word (Overview of the Parsha)	4
➤ Parsha Points (Main Lesson Content)	4
➤ Digging Deeper (Thought Provoking Questions)	7
Searching Out Hebrew (Reading & Writing)	8
➤ Words	8
➤ Numbers	8
➤ Word Match	9
➤ Flashcards	10
➤ Writing Hebrew	12
Counting What You Gained (Worksheets)	14
➤ Storing Up Treasure In My Heart (Memory Verse)	14
➤ Seeking Treasure (Questions from the Parsha)	16
➤ Word Search	19
➤ Crossword Puzzle	21
➤ Maze	23
➤ Cryptogram	24
» Cryptogram	24
» Cryptogram Answer Key	25
Precious Possessions (Arts & Crafts)	26
➤ Notebook Page	26
» A Tale of Yonah	26
➤ Coloring Page	33
» Yonah Scene	33
» Yonah Text	34
Sweetness of Torah	35
➤ Sweet Sounds of Torah (Song Corresponding to the Parsha)	35
➤ Sweet Taste of Torah (Snack Corresponding to the Parsha)	37

Pearl Seeking

TREASURING HIS WORD

In this lesson, we will focus on the book of Yonah, which is traditionally read in the synagogues during the afternoon service (known as the minchah service) on this feast day. The story of Yonah (Jonah) was chosen to be read during this festival because it tells the story of repentance (teshuvah) and forgiveness. Now, let's read the book of Yonah.

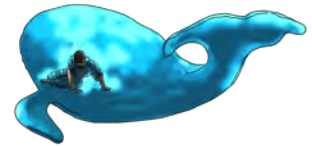
PARSHA POINTS

Chapter 1

- The word of Yahweh came to Yonah son of Amittai, telling him to go to Nineweh, the great (**gadol**) city (**iyer**), and cry out against it, for their evils had come up before Him - 1:1-2
- But instead of heading for Nineweh, Yonah decided to flee from the presence of Yahweh and went down to Yapho, where he found a ship going to Tarshish instead - 1:3
- Yahweh sent out a great wind and storm on the sea (**yam**), so that the ship seemed to be breaking up - 1:4
- Even the seamen became afraid, and each one cried out to his mighty one. To lighten the load, they threw the ship's cargo into the sea - 1:5
- However, while this was going on, Yonah had gone down into the lowest parts of the ship, and fell fast asleep - 1:5
- The captain woke up Yonah, and asked him to cry out to his Elohim so that perhaps they would not perish - 1:6
- They decided to cast lots, so that they may know for whose sake this evil had come upon them; and the lot fell on Yonah - 1:7
- They then asked Yonah a multitude of questions about himself - 1:8
- Yonah told them that he was a Hebrew who feared Yahweh, the Elohim of the heavens, who made the sea and the dry land (**yabashah**) - 1:9
- Upon hearing this, the crewmen were frightened, and questioned why he would flee from the presence of Yahweh - 1:10
- Meanwhile, the sea was growing even stormier, so they asked Yonah what they should do to make the sea calm for them - 1:11
- Yonah acknowledged that the storm was on account of him and suggested that they throw him into the sea, so that the sea would become calm for them - 1:12
- The men didn't want to have to throw Yonah overboard, so they rowed hard to bring the ship to land. But the sea continued to grow stormier against them - 1:13
- Recognizing that they would actually have to throw Yonah out of the ship, and that Yahweh did cause or allow all this, they asked Yahweh not to let Yonah's blood be upon them - 1:14



- Then they took Yonah and threw him into the sea, and the sea stopped raging - 1:15
- After this event, the men feared Yahweh exceedingly, and brought an offering to Yahweh and made vows - 1:16
- Yahweh then sent a great fish (**dag**) to swallow Yonah; and he was in the stomach of the fish 3 (**shalosh**) days and 3 nights - 1:17



Chapter 2

- After this, Yonah prayed to Yahweh his Elohim from the stomach of the fish, acknowledging that deliverance is of Yahweh; and Yahweh answered him - 2:1-9
- Then Yahweh spoke to the fish, and it vomited Yonah on the dry land - 2:10

Chapter 3

- Yahweh then spoke to Yonah the second time, telling him to go to Nineweh, that great city, and proclaim to it the message that He would speak to Yonah - 3:1-2
- Yonah arose and went to Nineweh, according to the word of Yahweh - 3:3
- Nineweh was such big city that it took 3 days to go through it, and on the first day's walk, he began warning the inhabitants that in 40 (**arbaim**) days Nineweh would be overthrown - 3:4
- Upon hearing Yonah's words, the men of Nineweh (3:5):
 - believed in Elohim
 - proclaimed a fast
 - put on sackcloth, from the greatest to the least of them
- Upon hearing Yonah's words, the sovereign of Nineweh (3:6):
 - arose from his throne
 - took off his robe
 - covered himself with sackcloth
 - sat in ashes
- He proclaimed a fast from food or water for all these (3:7):
 - man
 - beast
 - herd
 - flock
- He wanted man and beast to (3:8):
 - be covered with sackcloth
 - call mightily to Elohim
 - let each one turn from their evil way
 - turn from the violence that was in their hands



- He thought that perhaps Elohim would turn and relent, from the heat of His displeasure, so that they would not perish - 3:9
- Elohim saw their works, that they turned from their evil way and He relented from the evil which He had said He would do to them, and He did not do it - 3:10

Chapter 4

- Yonah was greatly displeased and grieved over Yahweh's decision to spare Nineweh - 4:1
- He prayed to Yahweh, and justified his fleeing to Tarshish on the basis of Yahweh's attributes, because he knew that Yahweh was (4:2; Exodus 34:6-7):
 - an El showing favor
 - compassionate
 - patient
 - of great kindness (loving-commitment)
 - relenting from doing evil
- He asked Yahweh to please take his life from him, for it would be better for him to die than to live - 4:3
- Yahweh did not feel Yonah had the right to be displeased with His decision - 4:4
- Then Yonah went out to the east side of the city under a shelter, to see what would become of the city - 4:5
- In the heat of the day, Yahweh Elohim caused a plant (**qiqayon**) to come up over Yonah, as a shade for his head to deliver him from his discomfort. And Yonah greatly rejoiced over the plant - 4:6
- However, as morning dawned the next day, Elohim caused a worm to attack the plant so that it withered - 4:7
- When the sun came up, it beat down on Yonah's head, and Elohim sent a scorching east wind - 4:8
- Yonah grew faint, and asked that Elohim let him die, saying, "It is better for me to die than to live." - 4:8
- Elohim told Yonah that he did not have the right to become displeased over the plant; but Yonah argued that he did have the right to become displeased, even to death - 4:9
- Yahweh then made His point to Yonah (4:10):
 - You felt sorry for a plant for which you have not labored
 - You did not make this plant grow, which came up in a night and perished in a night
 - Should I not pardon Nineweh, that great city, in which there are more than 120,000 beings who have not known their right hand (**yamim**) from their left (**semol**), and much cattle?



DIGGING DEEPER

Parents/Teachers may choose to use these prompts for further discussion of the lesson.

- Where was Nineweh located? What pagan symbol depicted this city? Who was known to be buried there? What famous Biblical ruler did this city have? (2 Kings 19:36-37)
- Turn to Matthew 12:38-41 and Luke 11:29-30 and discuss Yeshua's comments in relation to Nineweh. What do Yonah and Yeshua have in common?
- Why do you think this book is read on Yom Kippur? What does atonement mean? What does deliverance mean (2:9)?
- Yonah was called by Yahweh to do a work. Notice that when he went against Yahweh's will or rebelled, only cursings came upon him. Discuss them. Notice the key words 'down' and 'into' that come up over and over (1:3, 5, 12, 15, 17). Once Yonah refused to do Yahweh's work his journey only went downward.
- In what way is this story similar to the Prodigal son? Do you think Yonah was jealous of Yahweh's love and concern for non-Israelites? Do you think Yonah had pride? Did Yonah value his relationship and specially chosen mission by Yahweh?
- Even though the people were not promised any hope of deliverance, discuss the actions of the people and the sovereign vs. the actions of Yonah, and even Yehudah and Yisra'el.
- What does 'teshuvah' mean? Who in this story demonstrated this? Do you think Yonah repented after this episode ended?
- Discuss the attributes of Yahweh in this story (4:2). Even though Yonah said He was a Hebrew and that he feared Elohim, why do you think he kept doing the opposite of what Yahweh told him, and at times was even displeased with Yahweh's decisions?
- There are several passages in Chapter 2 where the words of Yonah are similar to those of King David. Discuss their heartfelt prayers and find similar passages in the Psalms.
- In Chapter 3:5 it says that the people of Nineweh 'believed in Elohim'. They then did many actions to show that they did. How can and should we demonstrate belief?



Searching Out Hebrew

Parents/Teachers can print out the '[Hebrew Pronunciation Guide](#)' to help with the pronunciation of Hebrew names and words. They can be cut out and used in conjunction with the Flashcards.

WORDS

Parents/Teachers see the following page for 3 x 5 card cut outs of the words from this week's lesson. If printed on card stock, they can be kept in a box to reinforce learning.

Gadol (גדול) - great
Iyr (עיר) - city
Yam (ים) - sea
Yabashah (יבשה) - dry land
Dag (דג) - fish
Qiqayon (קיקיון) - plant
Yamin (ימין) - right hand
Semol (שמאל) - left hand

NUMBERS

Parents/Teachers can print out these numbers to have as additional resources. These can be found under the 'Resources' tab on the YMTOI website.

3 - shalosh
40 - arbaim

WORD MATCH

Match this week's Hebrew words to their correct definition.

Dag

City

Gadol

Dry land

Iyr

Fish

Qiqayon

Great/big

Semol

Left hand

Yabashah

Plant

Yam

Right hand

Yamin

Sea



FLASHCARDS

עיר

Iyr

city

יבשה

Yabashah

Yab-ash-ah

dry land

גדול

Gadol

Ga-dol

great

ים

Yam

sea

קִיקְיוֹן
Qiqayon
Qi-qa-yon
plant

שְׂמָאל
Semol
Se-mol
left hand

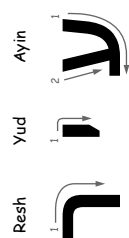
דָּג
Dag
fish

יָמִין
Yamin
Ya-min
right hand

WRITING HEBREW

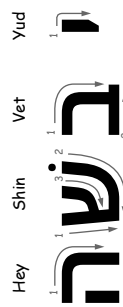
Iyr (city)

עיר



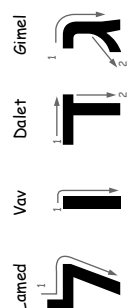
Yabashah (dry land)

יבשה



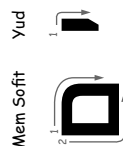
Gadol (great)

גדול



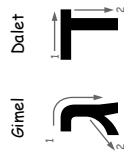
Yam (sea)

ים



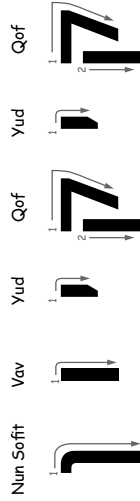
Dag (fish)

דג



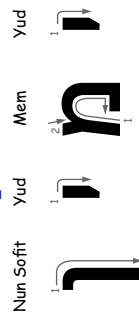
Qiqayon (plant)

קיקיון



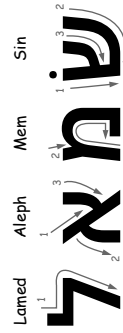
Yamin (right hand)

ימין



Semol (left hand)

שמאל

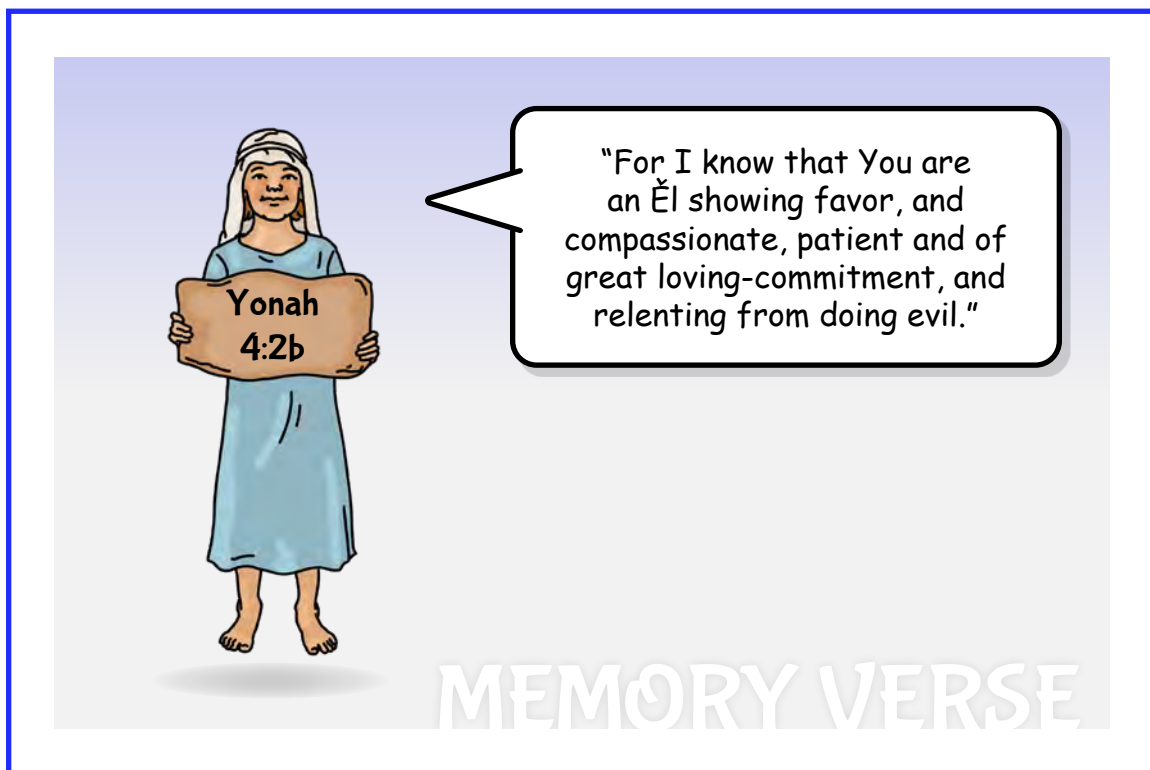


Counting What You Gained

This next section is intended to be reinforcement of the lessons learned during this lesson. Choose the activities that best fit your child.

STORING UP TREASURE IN MY HEART

The Katan Bet and Gadol memory verse is Yonah 4:2b. You can review the verse with them by reciting it out loud, acting it out, putting it to music...whatever works for you.



Here is the link for this song:

https://www.podomatic.com/podcasts/steveberkson/episodes/2021-09-10T05_00_01-07_00

Use this space to draw a picture of the verse memorized.

Use this space to write out the verse memorized.

SEEKING TREASURE

1.



Which city was Yonah sent to?

Circle the correct choice.

Tarshish Nineweh

Babylon Yerushalayim

(1:2)

2.



Which city did Yonah try to flee to?

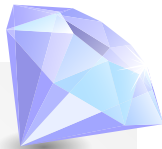
Circle the correct choice.

Tarshish Nineweh

Babylon Yerushalayim

(1:3)

3.

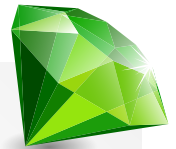


What happened while Yonah was on the ship?

And Yahweh sent out a great _____
on the sea, and there was a great
_____ on the sea, so that the ship
was thought to be _____ up.

(1:4)

4.



What was Yonah doing during the storm?

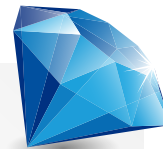
Circle the correct choice.

praying throwing up

sleeping eating

(1:5)

5.



What did Yonah tell the men
when they questioned him?

"I am a _____. And I am _____
Yahweh, the Elohim of the _____, who
made the _____ and the _____

(1:9)

6.

What happened to Yonah once they threw him into the sea?

Circle the correct choices.

sea stopped raging sea became more violent
men feared Yahweh exceedingly men were relieved to be rid of Yonah
men made vows men brought an offering to Yahweh
a great fish swallowed Yonah ship was destroyed men cursed Yonah

(1:15-17)



7.

What did Yonah do once he was
in the stomach of the fish?

He _____

(2:1)

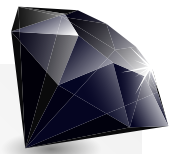


8.

After Yonah did this, what did Yahweh do?

He _____ to the fish, and it
_____ Yonah on the dry land.

(2:10)



9.

How many days was Yonah in the stomach
of the fish? How many days' journey was
it to walk across the city of Nineweh?

Circle the correct choice.

1 3 7 40

(1:17; 3:3)



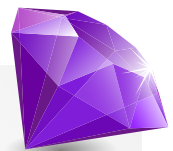
10.

In how many days was Yahweh
going to destroy Nineweh?

Circle the correct choice.

1 3 7 40

(3:4)



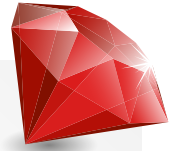
11.



What did the people do that we
also do on Yom Kippur?

(3:5)

12.



What did Elohim see that caused Him
to decide not to destroy the city?

Their _____

(3:10)

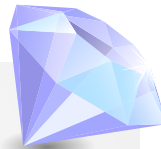
13.

What attributes of Yahweh did Yonah mention?

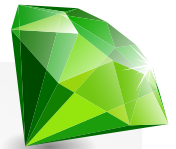
Circle the correct choices.

compassionate relenting from doing evil
patient great kindness (loving-commitment)
great in truth forgiving crookedness
forgiving transgression forgiving sin showing favor

(4:2)



14.

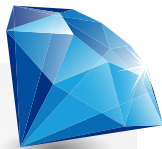


Yahweh provided
Yonah with shelter
to cover his head.

T / F

(4:6)

15.



What caused the plant to wither?

Circle the correct choice.

locusts hail worm lice frogs

(4:7)

16.

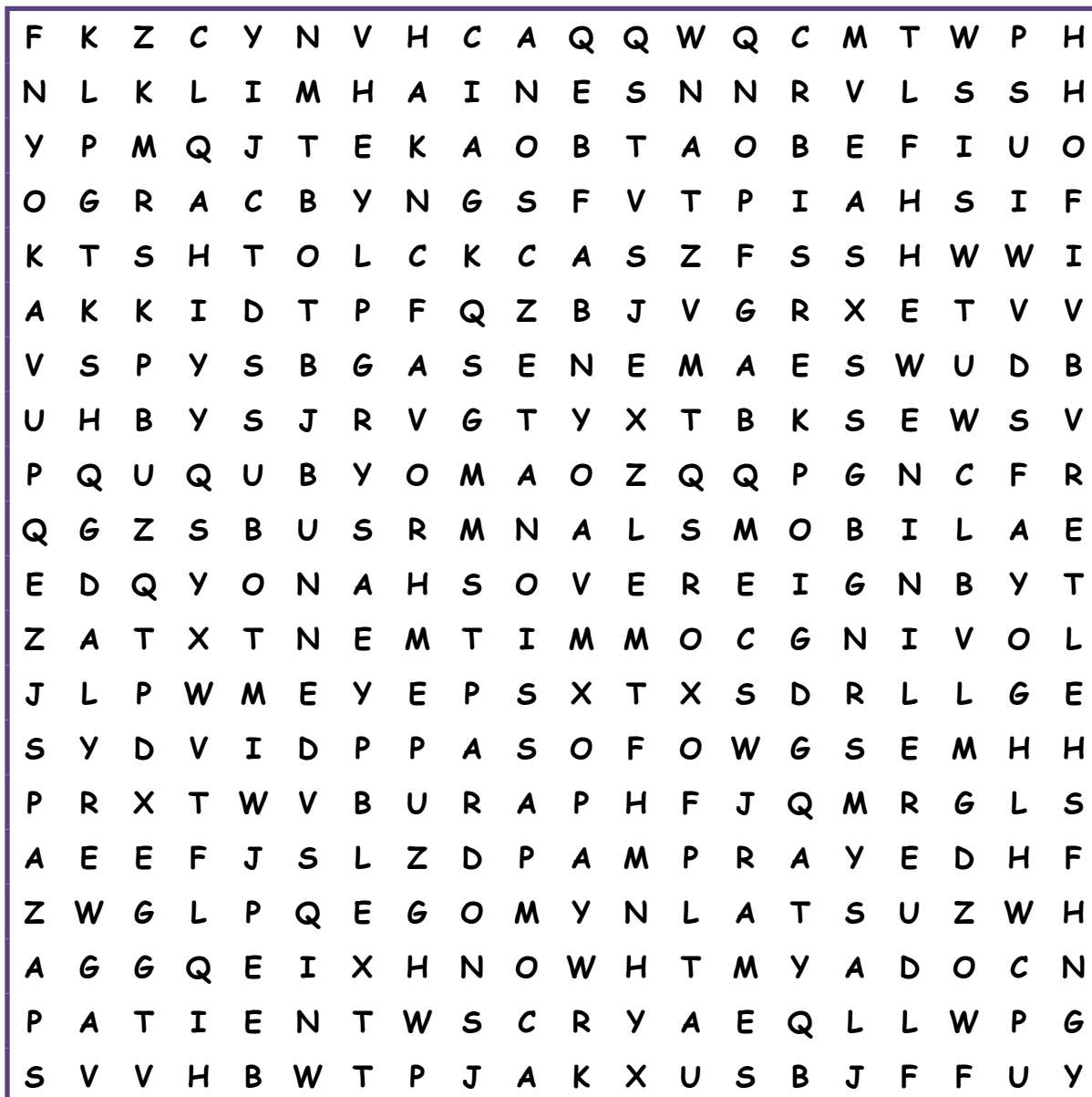


How many people lived in Nineweh?

(4:11)

WORD SEARCH

Search for the hidden words from this week's lesson.



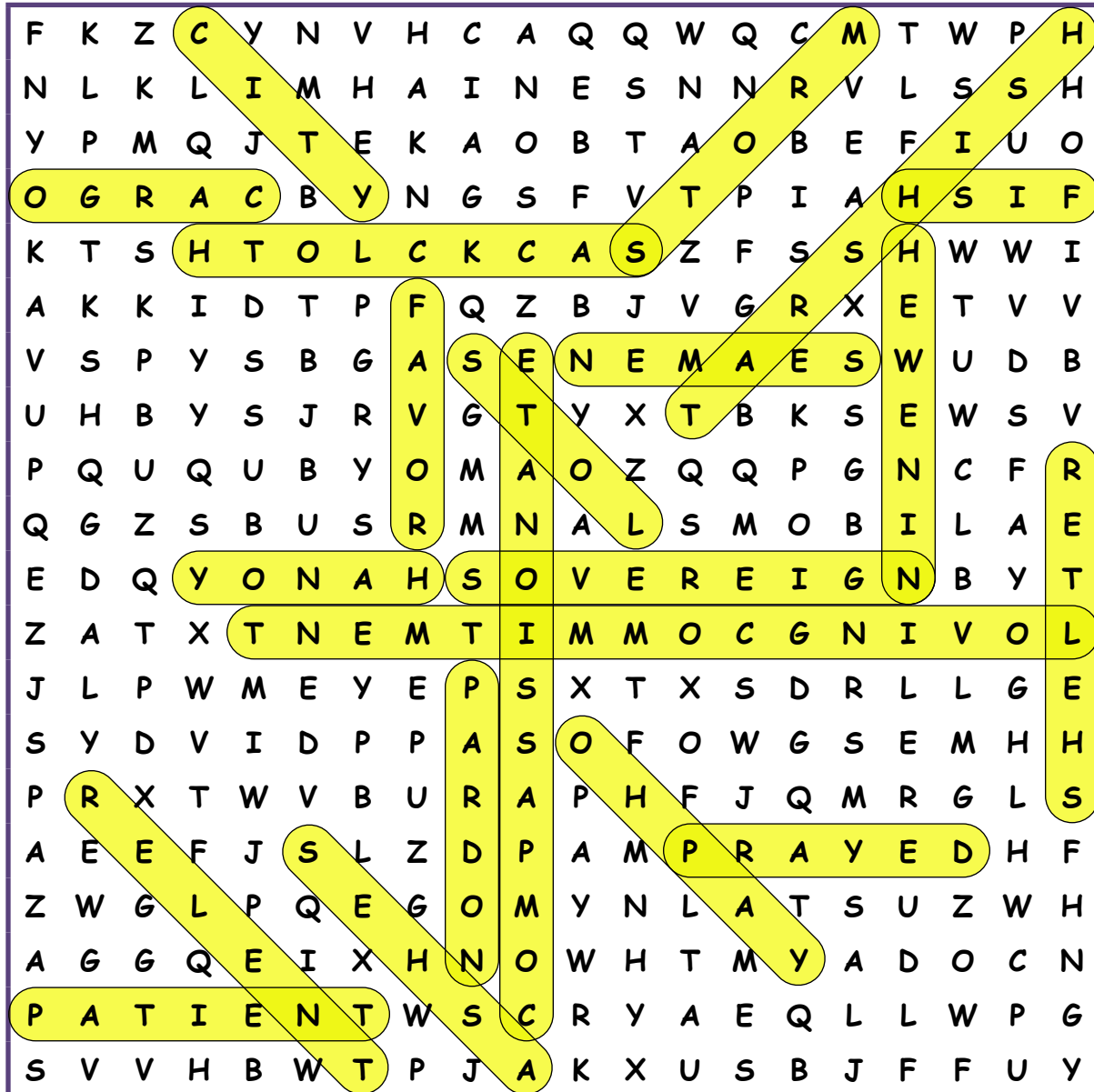
YONAH
YAPHO
LOTS
PRAYED
ASHES
FAVOR
SHELTER

NINEWEH
SEAMEN
STORM
CITY
SOVEREIGN
COMPASSIONATE
LOVING-COMMITMENT

TARSHISH
CARGO
FISH
SACKCLOTH
RELENT
PATIENT
PARDON



Answer Key



YONAH
YAPHO
LOTS
PRAYED
ASHES
FAVOR
SHELTER

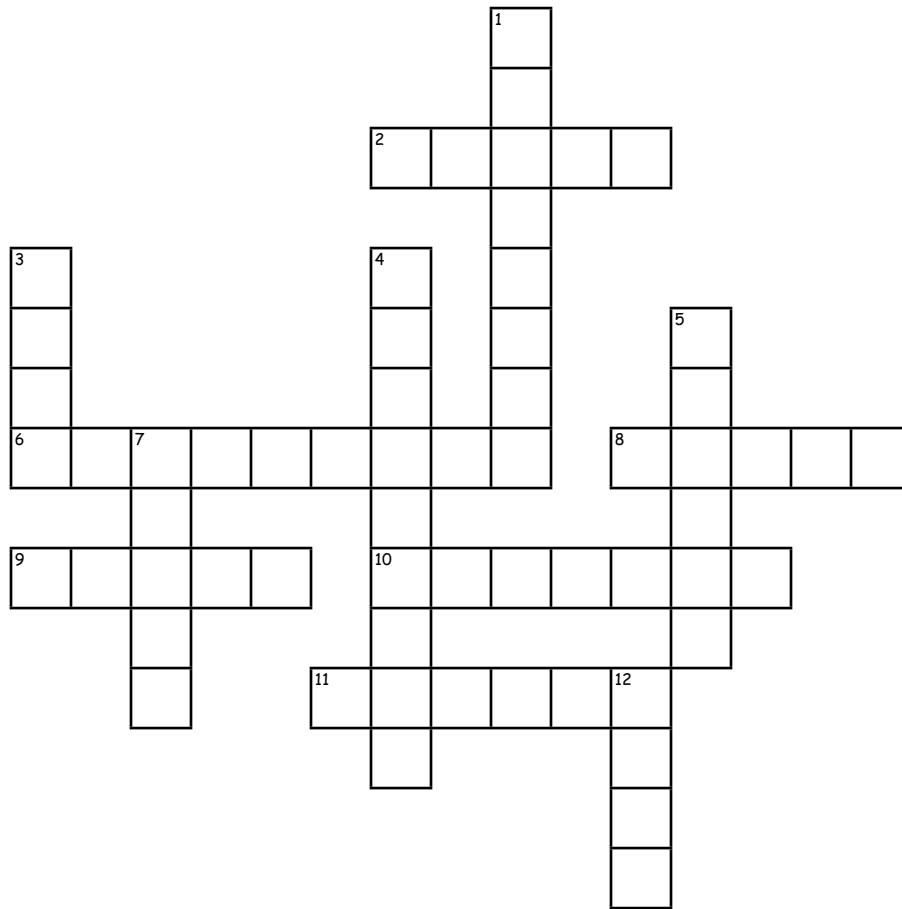
NINEWEH
SEAMEN
STORM
CITY
SOVEREIGN
COMPASSIONATE
LOVING-COMMITMENT

TARSHISH
CARGO
FISH
SACKCLOTH
RELENT
PATIENT
PARDON



CROSSWORD PUZZLE

Complete the crossword using words from this week's lesson.



Across

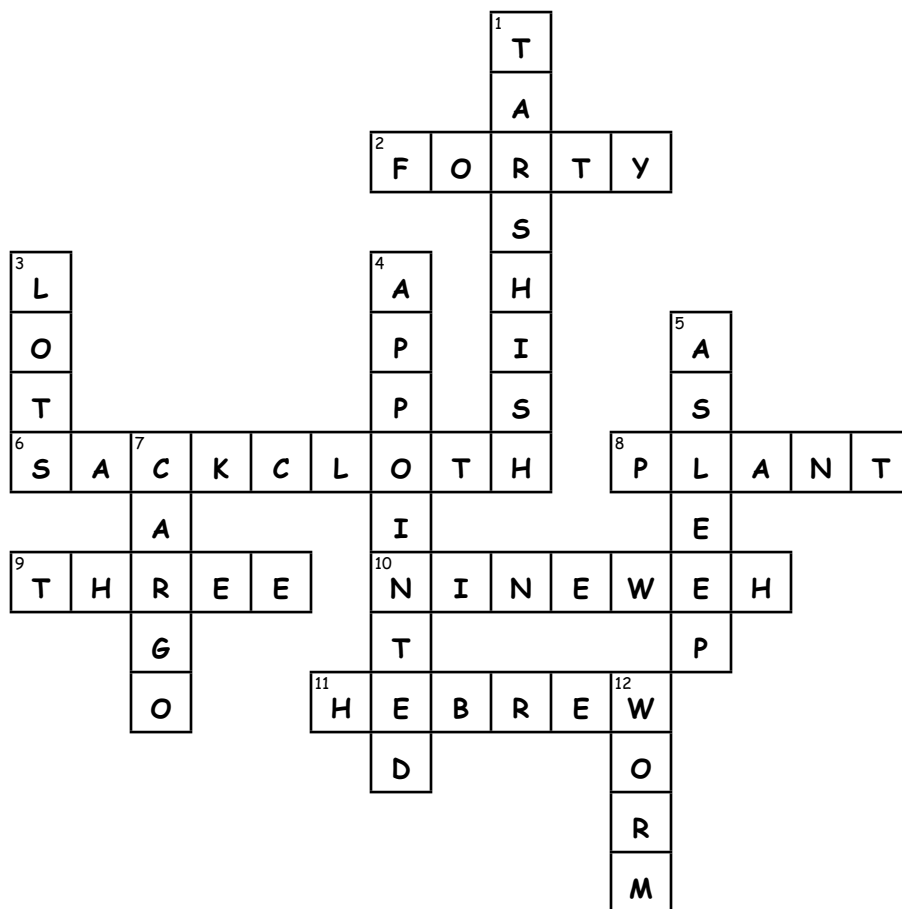
2. In how many days was Nineweh to be destroyed?
6. What type of cloth did the men and animals wear to show they were repenting?
8. Yahweh appointed a _____ to grow and be shade for Yonah.
9. How many days was Yonah in the belly of the fish?
10. Where did Yahweh tell Yonah to go?
11. Yonah told them that he was a _____.

Down

1. Where did Yonah try to flee to?
3. The men cast _____ to determine whose fault the storm was.
4. Yahweh _____ a great fish to swallow Yonah.
5. Yonah was _____ in the lowest part of the ship.
7. The seamen threw out their _____ to lighten the load.
12. What killed the plant?



Answer Key



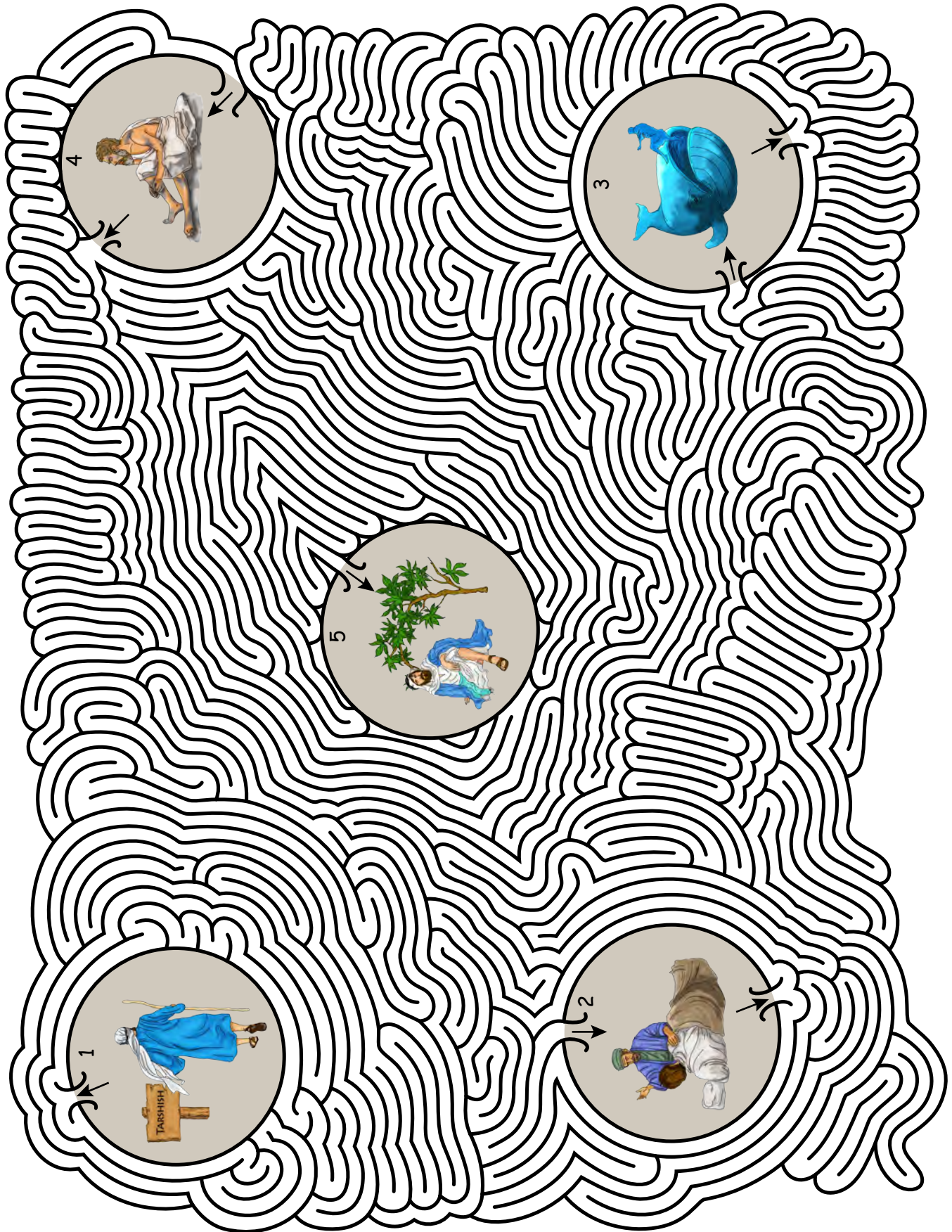
Across

2. In how many days was Nineweh to be destroyed? **forty**
6. What type of cloth did the men and animals wear to show they were repenting? **sackcloth**
8. Yahweh appointed a **plant** to grow and be shade for Yonah.
9. How many days was Yonah in the belly of the fish? **three**
10. Where did Yahweh tell Yonah to go? **Nineweh**
11. Yonah told them that he was **Hebrew**.

Down

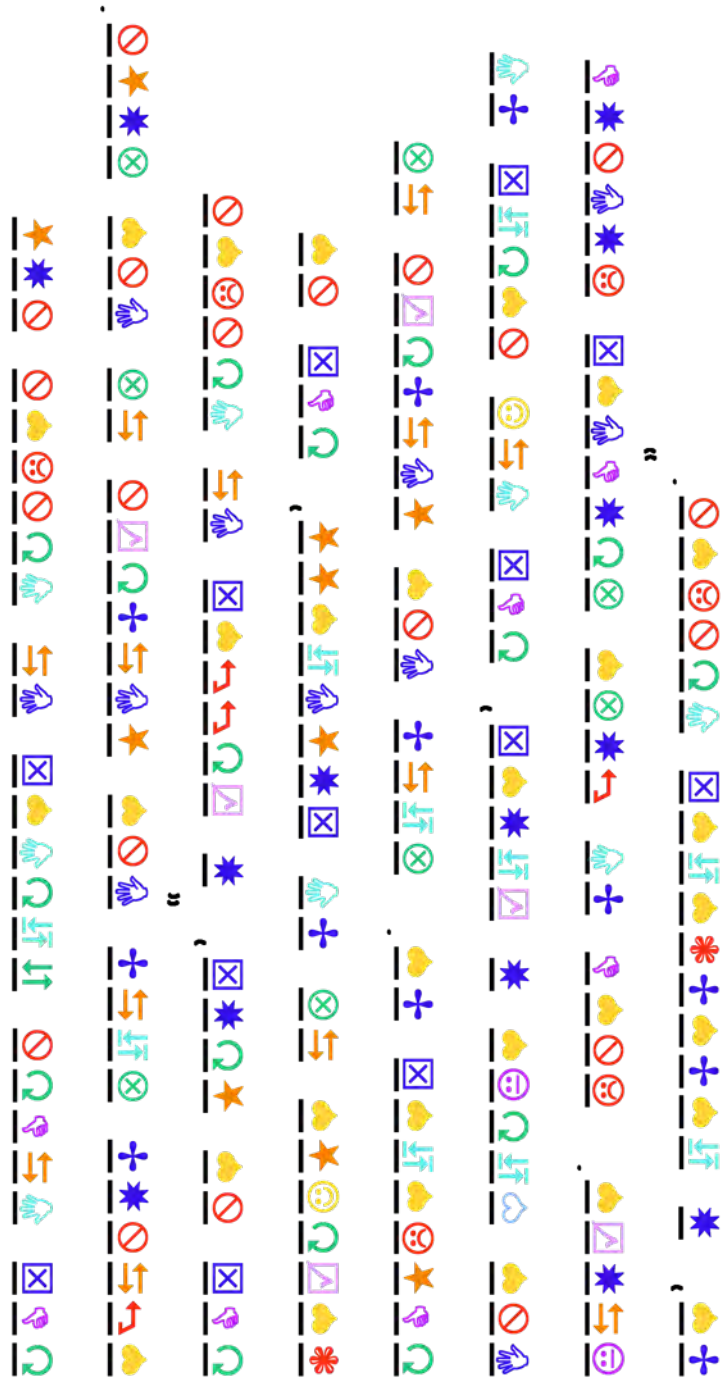
1. Where did Yonah try to flee to? **Tarshish**
3. The men cast **lots** to determine whose fault the storm was.
4. Yahweh **appointed** a great fish to swallow Yonah.
5. Yonah was **asleep** in the lowest part of the ship.
7. The seamen threw out their **cargo** to lighten the load.
12. What killed the plant? **worm**

MAZE



CRYPTOGRAM

Using the code below, match the letters with the symbols to reveal the mystery phrase.



				
—	—	—	—	—
V	W	X	Y	Z
				
—	—	—	—	—
Q	R	S	T	U
				
—	—	—	—	—
L	M	N	O	P
				
—	—	—	—	—
G	H	I	J	K
				
—	—	—	—	—
A	B	C	D	E
				
—	—	—	—	—
F	F	F	F	F

CRYPTOGRAM ANSWER KEY

Using the code below, match the letters with the symbols to reveal the mystery phrase.

AND YONAH PRAYED TO YAHWEH HIS
ELOHIM FROM THE STOMACH OF THE FISH.
AND HE SAID, "I CALLED TO YAHWEH
BECAUSE OF MY DISTRESS, AND HE
ANSWERED ME. FROM THE STOMACH OF
THE GRAVE I CRIED, AND YOU HEARD MY
VOICE. WHEN MY LIFE FAINTED WITHIN
ME, I REMEMBERED YAHWEH."
YONAH 2:1-2, 7A

A -	G -	L -	Q -	V -
B -	H -	M -	R -	W -
C -	I -	N -	S -	X -
D -	J -	O -	T -	Y -
E -	K -	P -	U -	Z -
F -				



Precious Possessions

NOTEBOOK PAGE

A Tale of Yonah

Yonah 1:17; 4:6

Materials:

- Cardstock - white
- Foam - white or color of choice
- Double-sided adhesive foam dimensionals
- Velcro dots
- Puffy paint or glitter glue - blue & gold
- Puncturing tool
- Brad
- Ruler
- Glue or glue stick
- Scissors
- Coloring pencils, crayons or markers
- Notebook Templates: Main Page & A (BW) or Main Page & B (color)

Parent/Teacher Preparation:

- Print Notebook Templates of choice on white cardstock.



Instructions for the Notebook Page:

- If using BW Templates, color using medium of choice.
- Cut out all Templates pieces. (P1)

Water Side

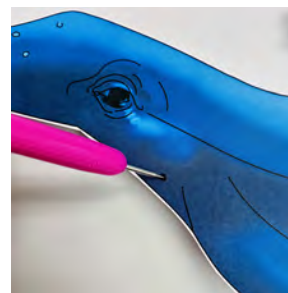
- Using blue puffy paint or glitter glue, add dimension to the water waves and the bubbles. (P2)
- Allow to dry.
- Using a puncturing tool, poke a hole through the dots on the big fish pieces. (P3a, P3b)
- Using a brad, connect the big fish main body to its lower jaw. (P4)
- Adhere double-sided adhesive foam dimensionals to the back of the big fish making sure that the placement doesn't interfere with the big fish opening and closing his mouth. (P5)



P1



P2



P3a



P3b



P4



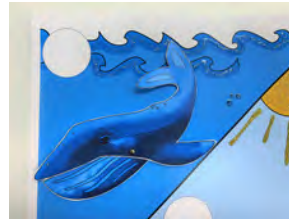
P5

Instructions for the Notebook Page Cont'd:

- Place the big fish on the water on the Main Page so that when he opens his mouth you can see Yonah inside of it. (P6a, P6b)

Land Side

- Using gold puffy paint or glitter glue, add dimension to the sun and rays. (P7)
- Allow to dry.
- Fold the plant along the fold lines. (P8)
- Place the plant on the page to mark where the 2 hook *Velcro* dots will be placed. The *Velcro* dots should be placed so that you can shrink or enlarge the trunk and use one hidden soft loop *Velcro* dot on the Main Page. (P9a, P9b)
- When shrunk the plant should be directly over Yonah's head. (P10)
- When enlarged the plant should be close to the sun. (P11)
- Keeping the trunk folded, glue the first fold onto the Main Page. (P12)



P6a



P6b



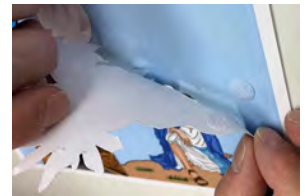
P7



P8



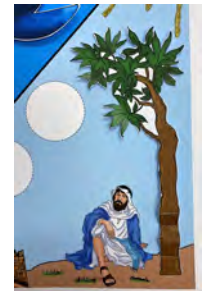
P9a



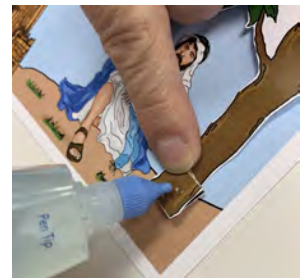
P9b



P10



P11



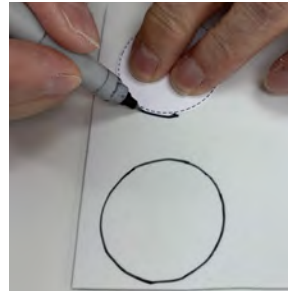
P12

Instructions for the Notebook Page Cont'd:

Hebrew Words

- Using the circle template, trace onto white foam and cut out 4 circles. (P13a, P13b)
- Write the following on 2 foam circles and glue them to the circles on the water side of the Main Page: (P14, P15)
 - 1) Yam 2) ים 3) Sea
 - 1) Dag 2) דג 3) Fish
- Write the following on the other 2 foam circles and glue them to the circles on the land side of the Main Page: (P16, P17)
 - 1) Iyr 2) עיר 3) City
 - 1) Qiqayon 2) קיקיון 3) Plant

You now have a visual representation of Yonah being swallowed up by a great fish, and of a plant that Yahweh Elohim caused to come up to be a shade for Yonah as he was sitting outside the city of Nineweh to see what would become of it.



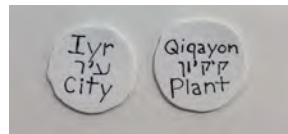
P13a



P13b



P14



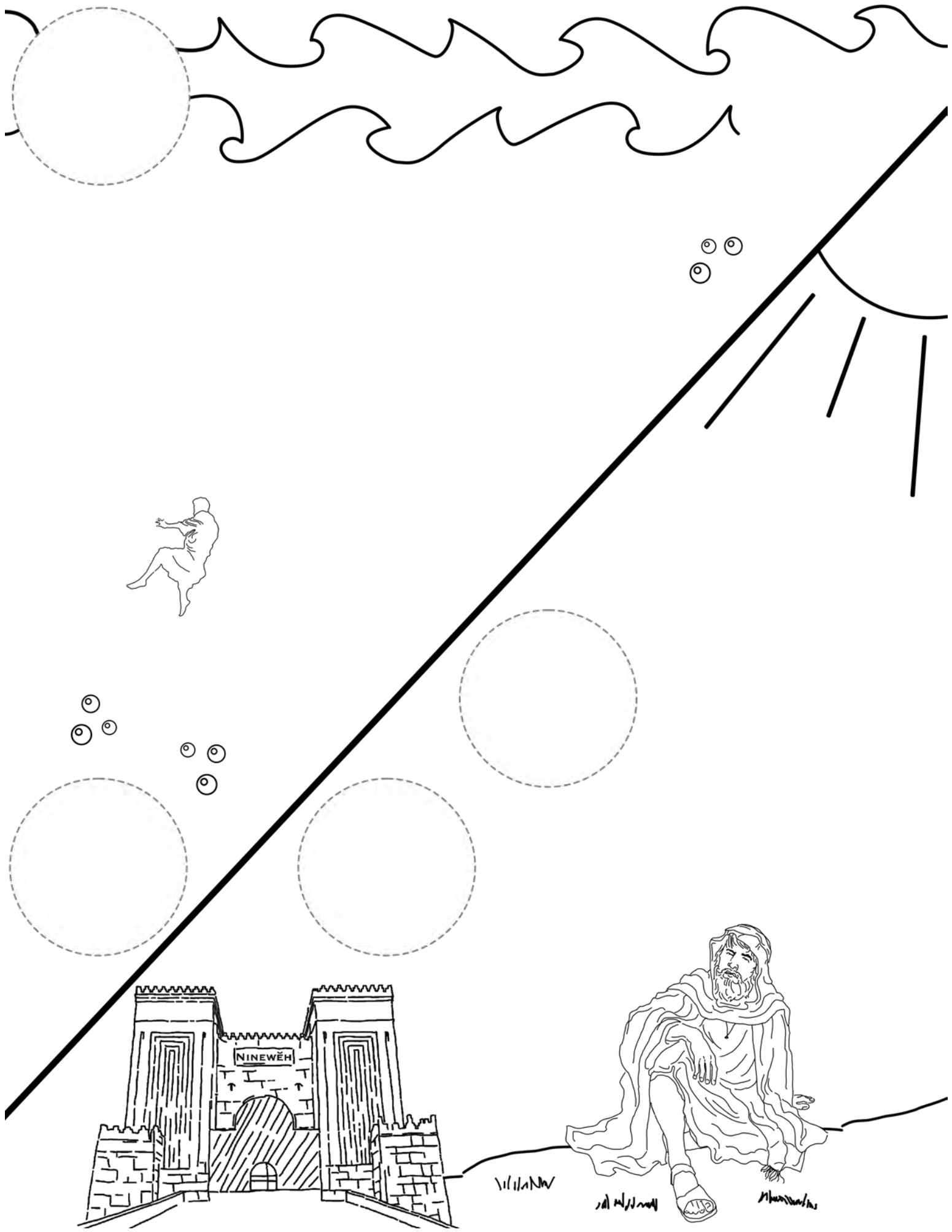
P16

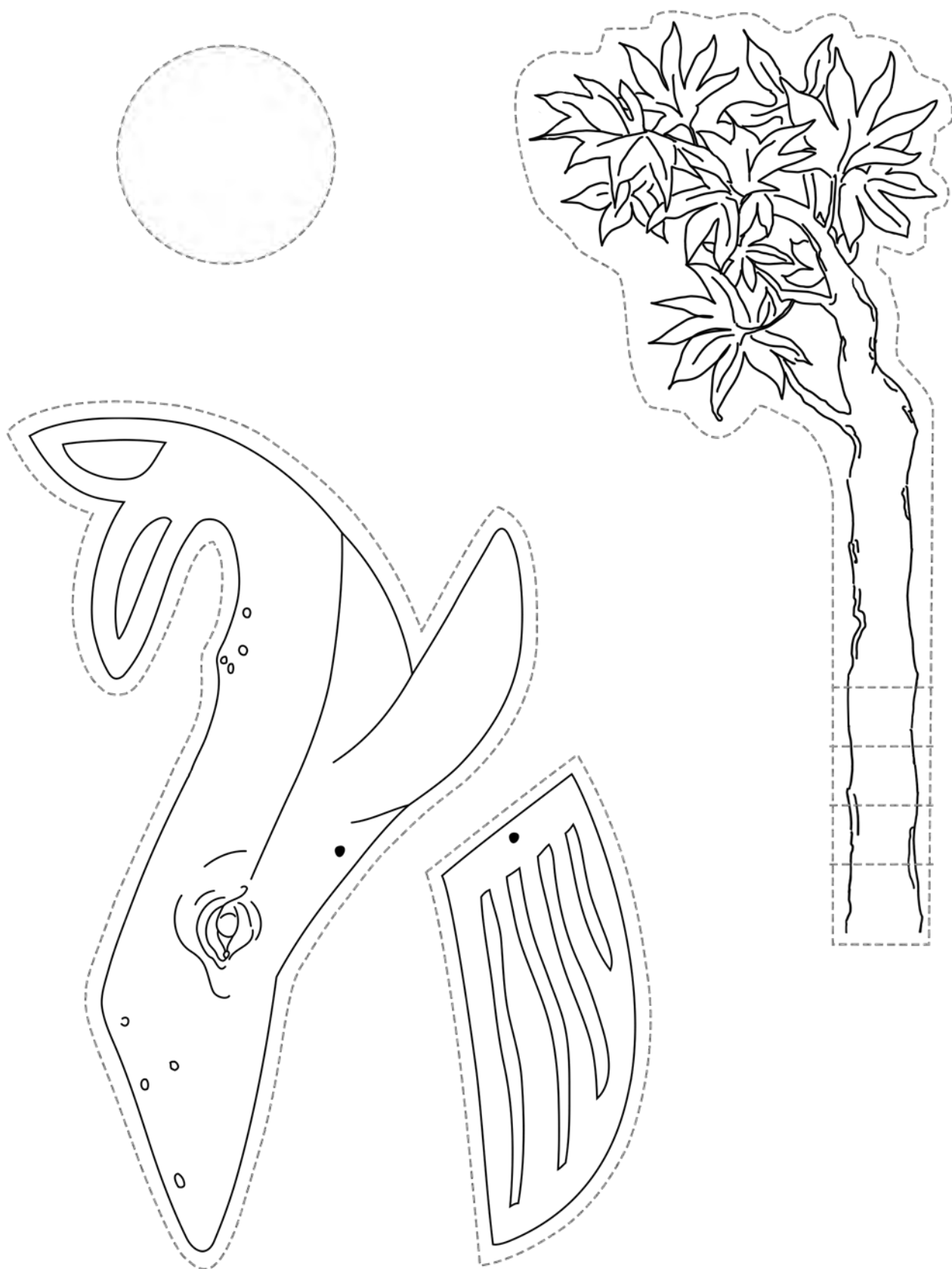


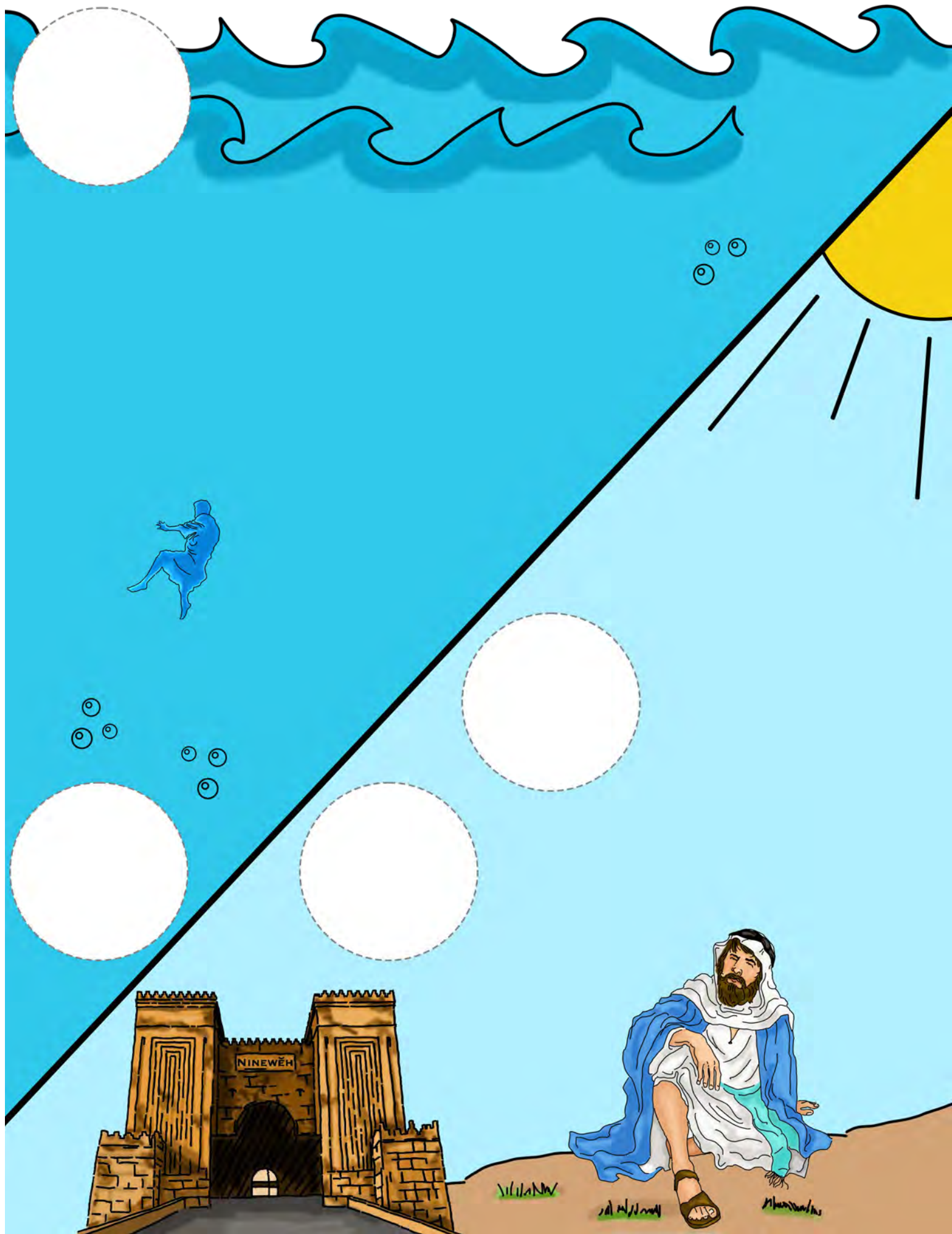
P15

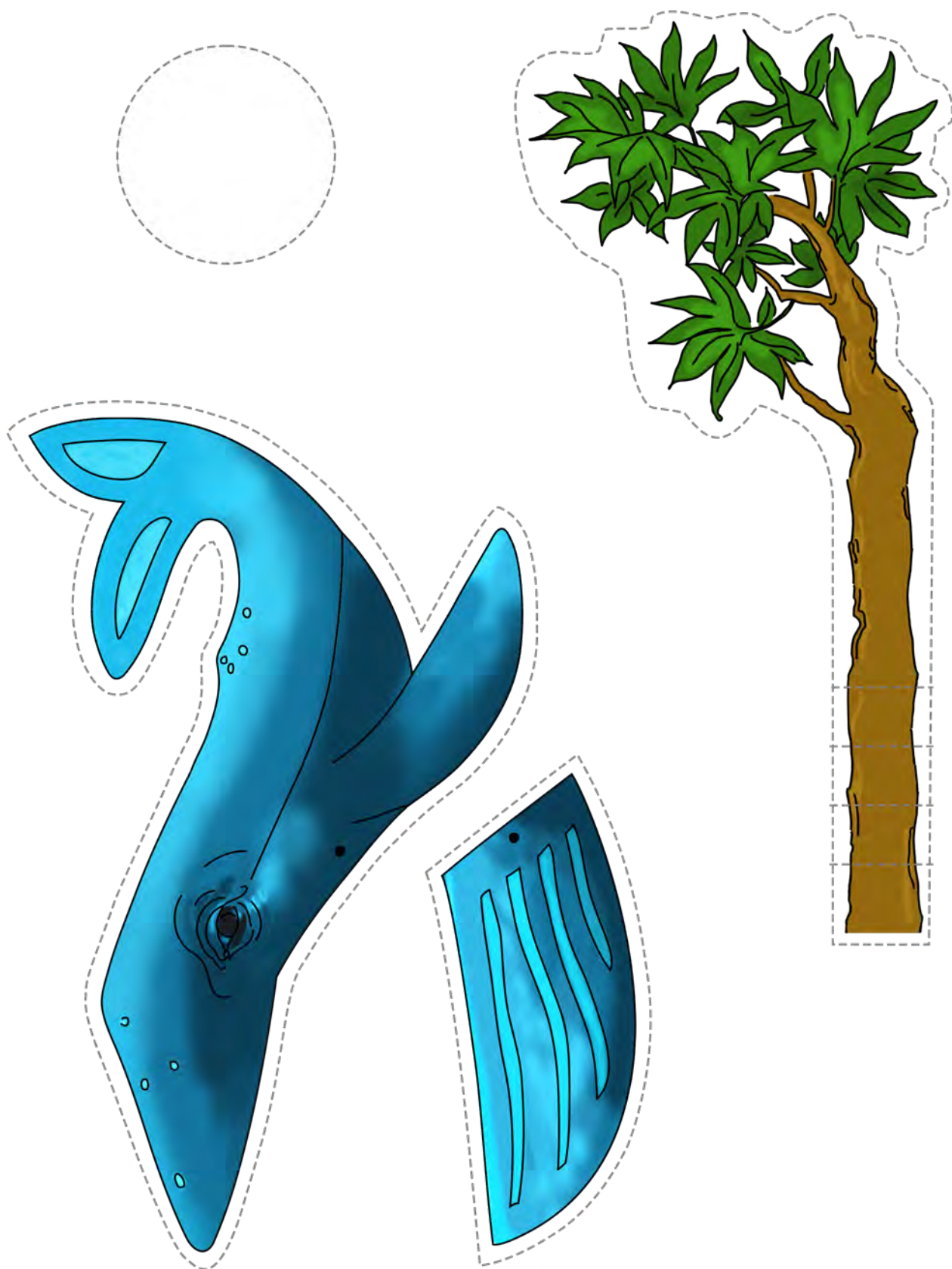


P17











Yom Kippur

"Yom Hakippurim"

Day of Atonement / Day of Atonements

אָתּוֹמֶנֶת

Sweetness of Torah

SWEET SOUNDS OF TORAH

(Sing Praises to His Name)

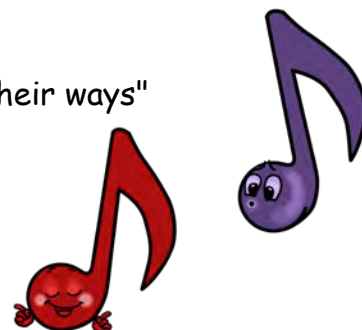
Here is the link for this song:

https://www.podomatic.com/podcasts/steveberkson/episodes/2019-10-04T05_00_00-07_00

Yonah

Yah came to Yonah and said,
"Take a trip to Nineweh, and tell the people they must change their ways"
But Yonah couldn't agree, and so he left Galilee
On a boat heading off to Spain

But there's no hiding from the One
Who caused an angry storm to come
When Yonah came clean, the sailors threw him right into the sea



Chorus:

Yonah, O Yonah
Can you hear the holy sound?
OH-H-H Yonah, O Yonah
It's not too late to come around

So Yonah's floating away
When he's suddenly saved
Swallowed up by a big old fish
He makes the belly his home
Three nights he spends there alone
He repents, he cries out, he prays

When Yonah's anger was no more
The fish spit him out onto the shore
Without looking back
Yonah took up the task
Heading off for Nineweh

Chorus

When Yonah shared Yah's message
People fell down on their knees
They would fast, they would plea
They would come to believe
That Yah was full of mercy

And here's the message we're sent
It's more than how we repent
We can change, we can grow
We can be more than we know
This day we take to atone
Is not about us alone
For we are all in this together

Chorus

SWEET TASTE OF TORAH

Although adults afflict their beings by not eating or drinking on the Day of Atonement/Yom Kippur, we encourage parents to allow their children to participate in this day's instruction on their level of willingness/ability. A child can strive to miss 1 or 2 meals, or perhaps afflict their being by not eating dessert on this day.

You can explain to your child that the purpose of today is to be at one with Yahweh, and to realize that He alone sustains us with physical and spiritual food.

If you are doing this lesson on another day you can give your children Kosher Goldfish to enhance the lesson.

