

# SWEET TASTE OF TORAH

This snack relates to this week's parsha. Please take these as suggestions and make necessary changes based on your individual dietary needs.

## Helping Hand

Exodus 17:12



### Ingredients:

- Clear plastic glove
- Snack of choice such as goldfish or popcorn
- Yarn (to tie glove)

### Instructions:

Take a plastic glove and fill the fingers with snack of choice. Once filled, tie the bottom of the glove with yarn. Enjoying your helping hand of goodies!